



**SOCIETATEA ROMÂNĂ DE CARDIOLOGIE  
GRUPUL DE LUCRU "HIPERTENSIUNE ARTERIALĂ"**

**ROMANIAN SOCIETY OF CARDIOLOGY  
"ARTERIAL HYPERTENSION" WORKGROUP**



**A 5-a CONFERINȚĂ NAȚIONALĂ  
DE HIPERTENSIUNE ARTERIALĂ**  
CU PARTICIPARE INTERNAȚIONALĂ  
THE 5th CONFERENCE OF ARTERIAL  
HYPERTENSION

***Programul științific***  
***Scientific programme***



**Poiana Brașov, 14-16 aprilie 2005, Hotel Sport**  
Poiana Brașov, April 14-16 2005, Sport Hotel, Romania



Dragi colegi,

Întâlnirea specialistilor din cardiologie, medicina internă, neurologie, nefrologie preocupati de hipertensiunea arterială sub toate aspectele (epidemiologic, patogenetic, diagnostic, complicatii și tratament) la Poiana Brasov, o dată la 2 ani a devenit deja o tradiție.

Ce aduce nou această conferință națională? În primul rând se desfășoară într-o perioadă în care după apariția a cel puțin trei ghiduri de HTA (JNC VII, Ghidul Societății Europene de HTA, Ghidul Societății Britanice) unele aspecte controversate privind încadrarea și clasificarea HTA și strategiile terapeutice s-au mai netezit și acum specialiștii europeni și americani s-au pus de acord în unele domenii rămânând încă în dezbatere anumite probleme de semantică.

Abordarea bolnavului hipertensiv prin prisma riscului cardiovascular global cu care toți hipertensiologii sunt de acord constituie un mare beneficiu pe care l-au adus toate ghidurile de hipertensiune arterială. De altfel acesta este și pilonul central al întregii Conferințe. Specialiști de marcă din țară și străinătate, printre care amintim președintele (Prof. Anthony M. Heagerty) și secretarul (Renata Cifkova) Societății Europene de Hipertensiune precum și președintele Ligii Mondiale de HTA (Prof. Dr. Claude Lenfant) și-au construit expunerile pe aceste teme.

Un al doilea element de noutate este organizarea de către Societatea Europeană de HTA a unui curs pentru toți specialiștii prezenți la Conferință și care doresc să participe, curs care va avea loc joi 14.04.2005 între orele 15.00-18.00.

Mai sunt și alte noutăți pe care însă nu le dezvaluim așteptându-va să le descoperiți dumneavoastră.

Cu stima,

Prof. Dr. Maria Dorobantu  
Președinte al Grupului de Lucru HTA

Dear colleagues,

It is already a tradition to meet here in Poiana Brasov every couple of years for us, specialists in cardiology, internal medicine, neurology, nephrology, people with a special interest in all the aspects of hypertension (epidemiology, pathology, diagnosis, complications and treatment).

What is new about this national conference? Well, first of all, it is the timing – a moment when, after three clinical guidelines for hypertension have been published (JNC VII, The European Society of Hypertension Guidelines, British Cardiac Society Guidelines), some agreement has been reached between European and American specialists regarding the classification and management of high blood pressure.

One clear benefit emerging from the clinical guidelines to which we all agree is the way we look at the hypertensive patient by taking into account the global cardiovascular risk. In fact, this way of thinking about hypertension is the basis of this conference. Many have presentations regarding this holistic approach, amongst which are the President (Prof. Anthony M. Heagerty) and the Secretary (Renata Cifkova) of the European Society of Hypertension and the President of the World Hypertension League (Prof. Dr. Claude Lenfant).

A second new thing about this conference is the course organized by the European Hypertension Society on Thursday 14<sup>th</sup> of April 2005 between 15.00 and 18.00.

There are some other novelties too, but I let you all to enjoy by discovering them yourselves.

Best regards,

Prof. Maria Dorobantu  
President of Hypertension Working Group

**SOCIETATEA ROMÂNĂ DE  
CARDIOLOGIE, GRUPUL DE LUCRU  
“HIPERTENSIUNE ARTERIALĂ”  
ROMANIAN SOCIETY OF CARDIOLOGY,  
HYPERTENSION WORKING GROUP**

**PRESEDINTE**

**PRESIDENT**

- Prof. Dr. Maria Dorobantu

**SECRETAR**

**SECRETARY**

- Dr. Roxana Oana Darabont

**COMITETUL STIINTIFIC AL CONFERINTEI**

**CONFERENCE SCIENTIFIC COMMITTEE**

- Prof. Dr. Eduard Apetrei
- Prof. Dr. Ion Bruckner
- Prof. Dr. Radu Capâlneanu
- Prof. Dr. Mircea Cinteza
- Prof. Dr. Georgeta Datcu
- Prof. Dr. Stefan Dragulescu
- Prof. Dr. Leonida Gherasim
- Prof. Dr. Carmen Ginghina
- Prof. Dr. Dan Dominic Ionescu
- Prof. dr. Cezar Macarie

**SECRETARIATUL CONFERINTEI**

**CONFERENCE SECRETARIATE**

- Dr. Elisabeta Badila
- Dr. Dana Constantinescu
- Dr. Ana Fruntelata
- Dr. Mircea Ciuca
- Dr. Corneliu N. Iorgulescu
- Larisa Balaure
- Florentina Cristache
- Mirela Munteanu

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STETOSCOPI

# INFORMATII GENERALE

## GENERAL INFORMATION

### SEDIUL CONFERINTEI

#### VENUE

- Hotel Sport | Sport Hotel, Poiana Brasov
- Sala Polivalenta | Polivalenta Hall
- Sala Armony | Armony Hall

### INREGISTRAREA SI SECRETARIATUL

#### REGISTRATION AND SECRETARIATE

- Hotel Sport | Sport Hotel

### CONDITII DE ÎNSCRIERE

Taxa de participare	Pâna la data de 01 martie 2005	Dupa data de 01 martie 2005
Medici specialisti si primari	1.000.000 lei	2.000.000 lei
Medici rezidenti	250.000 lei	500.000 lei

### TIMP DE PREZENTARE

#### TIME FOR PRESENTATION

- Conferinte | Conferences – 20 minute
- Comunicari orale | Oral presentations - 12 minute + 3 minute discutii

*Va rugam sa respectati timpul! | Please, respect time limit!*

### POSTERE

#### POSTERS

expunere in Sala Teleferic | *display in Teleferic Hall*

- 15.04.2005 – prezenta primului autor obligatorie intre orele 10.00-10.30 pentru posterele 1 -12\* | 15.04.2005 – presence of the first author between 10.00-10.30 hours for the posters 1 -12\*

- 15.04.2005 – prezenta primului autor obligatorie între orele 15.30-16.00 pentru posterele 13 -25\* | 16.04.2005 – presence of the first author between 15.30-16.00 hours for the posters 13 -25\*
- dimensiuni | dimensions 60 x 90 cm

\* Numarul posterului corespunde numarului din volumul de rezumate | Poster number corresponds to the number in the abstracts volume

Primele cele mai bune trei lucrari vor fi **premiate**.

The best three presentations/posters will be **awarded**.

## JURIUL DE PREMIERE

### AWARD COMMITTEE:

- Prof. Dr. Leonida Gherasim
- Prof. Dr. Carmen Ginghina
- Prof. Dr. Georgeta Datcu

## VERIFICAREA PREZENTARILOR

### SLIDES VERIFICATION

in sala Teleferic

in Teleferic Hall

Prezentarile Power Point va rugam sa fie predate la secretariatul salii pana **cel mai tarziu** in pauza dinaintea sesiunii.

Please hand over Power Point slides to the secretariate latest in the morning before the session.

## EXPOZITIE MEDICALA

### MEDICAL EXHIBITION

Hol Hotel Sport, sala Teleferic

Sport Hotel Lounge , Teleferic Hall

A V<sup>a</sup> CONFERINTA NATIONALA DE  
HIPERTENSIUNE ARTERIALA CU  
PARTICIPARE INTERNATIONALA  
THE Vth ROMANIAN CONFERENCE OF  
ARTERIAL HYPERTENSION

**PROGRAMUL STIINTIFIC**  
**SCIENTIFIC PROGRAMME**

**! NOU:**

**CURS AL SOCIETATII EUROPENE DE  
HIPERTENSIUNE** acreditat cu 3 CME

**! NEW:**

**EUROPEAN SOCIETY OF HYPERTENSION  
COURSE** credited with 3 EMC



**Joi, 14 Aprilie**  
**Thursday, 14-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

**13.00 – 14.30**

**SESIUNE HIGHLIGHTS | HIGHLIGHTS SESSION**  
**Moderatori | Chairmen: M. Vintila, O. Bajenaru**

13.00 – 13.20

Complicatiile cerebrale pe termen lung ale HTA  
Long-term cerebral complications of hypertension

*Ovidiu Bajenaru, Bucuresti*

13.20 – 13.40

Mai mult decat un inhibitor al enzimei de  
conversie? Valsartan

More than an converting enzyme inhibitor? Valsartan  
(NOVARTIS)

*Marius Vintila, Bucuresti*

13.40 – 14.00

Terapia cu sartani la bolnavii hipertensivi si  
diabetici

ARBs therapy in hypertensive and diabetic patients  
(BOEHRINGER INGELHEIM)

*Minerva Muraru, Bucuresti*

14.00 – 14.20

Implicatiile clinice ale rezultatelor programului  
de studii CHARM

The clinical implications as results of CHARM studies  
programme (ASTRA)

*Dan Dominic Ionescu, Craiova*

14.20 – 14.30

Discutii | Discussions

**14.30 – 15.00**

**Pauza de cafea | Coffee Break**

**Joi, 14 Aprilie**  
Thursday, 14-th April

**Sala Polivalenta**  
Polivalenta Hall

15.00 – 17.50

**CURS AL SOCIETATII EUROPENE DE  
HIPERTENSIUNE**

**EUROPEAN SOCIETY OF HYPERTENSION COURSE**

15.00 – 15.05

Introducere | Introduction

15.05 – 15.35

Exista o relatie intre diabet si hipertensiune?

Diabetes and hypertension – are they linked?

*Renata Cifkova – Prague, Czech Republic*

15.35 – 15.45

Discutii | Discussions

15.45 – 16.15

Originea fetala a hipertensiunii si diabetului – o  
noua perspectiva

Fetal origins of hypertension and diabetes – a new  
perspective

*Peter Nilsson, Malmö, Sweden*

16.15 – 16.25

Discutii | Discussions

16.25 – 16.55

Tratamentul hipertensiunii la pacientii diabetici

Management of hypertension in diabetic patients

*Anthony M. Heagerty, Manchester, UK*

16.55 – 17.05

Discutii | Discussions

**Joi, 14 Aprilie**  
**Thursday, 14-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

17.05 – 17.35

Cum prevenim microalbuminuria sau progresia ei catre proteinurie la pacientii diabetici

How to prevent microalbuminuria or its progression to overt proteinuria in diabetic patients

*Hermann Haller, Hannover, Germany*

17.35 – 17.45

Discutii | Discussions

17.45 – 17.50

Inchiderea cursului | Closing remarks

17.50 – 18.20

**DESCHIDERA CONFERINTEI**

**OPENING CEREMONY**

18.20 – 18.30

Pauza de cafea | Coffee Break

18.30 – 20.00

**SIMPOZION | SYMPOSIUM SERVIER PHARMA**

**STRATEGII INOVATOARE IN TRATAMENTUL HTA – ASOCIERILE FIXE IN DOZE FOARTE REDUSE.**

**INOVATIVE STRATEGIES IN HYPERTENSION TREATMENT – FIXED VERY LOW DOSES COMBINATIONS.**

**Moderatori | Chairmen: Maria Dorobantu, C. Macarie**

Noi directii in ghidurile actuale din tratamentul HTA

New directions in actual guidelines for management of hypertension.

*Maria Dorobantu*

**Joi, 14 Aprilie**  
**Thursday, 14-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

Strategiile actuale in tratamentul HTA

Actual strategies in management of hypertension

*Leonida Gherasim*

Noliprel – strategie inovatoare in tratamentul HTA

Noliprel – inovative strategies in management of hypertension

*Dan Dominic Ionescu*

Noliprel – beneficii dincolo de control tensiional in tratamentul HTA

Noliprel – benefits beyond blood pressure control in management of hypertension

*Cezar Macarie*

Concluzii | *Conclusions*

20.30

**CINA ROMANEASCA | ROMANIAN DINNER**

**Joi, 14 Aprilie**  
**Thursday, 14-th April**

**Sala Armony**  
**Armony Hall**

13.00 – 14.30

**SESIUNE HIGHLIGHTS | HIGHLIGHTS SESSION**  
**Moderatori | Chairmen: Mariana Radoi, D. Vinereanu**

13.00 – 13.20

Stresul oxidativ in hipertensiunea arteriala  
Oxidative stress in arterial hypertension

*Alexandru Campeanu, Bucuresti*

13.20 – 13.40

Combinatii in doze mici dintr-o perspectiva noua

Small doses combination from a new point of view (MERCK)

*Mariana Radoi, Brasov*

13.40 – 14.00

Este telmisartanul diferit de ceilalti sartani?  
Is telmisartan different from other ARBs? (GLAXO)

*Dan Gaita, Timisoara*

14.00 – 14.20

Nefroprotectie prin terapie combinata cu inhibitori de enzima de conversie si sartani

Combined therapy with ACE inhibitors and ARBs in renal protection (NOVARTIS)

*Dragos Vinereanu, Bucuresti*

14.20 – 14.30

Discutii | Discussions

14.30 – 15.00

**Pauza de cafea | Coffee Break**

**Joi, 14 Aprilie**  
Thursday, 14-th April

**Sala Armony**  
Armony Hall

18.30 – 20.00

**SIMPOZION | SYMPOSIUM PFIZER**

**RISCUL CARDIOVASCULAR GLOBAL – UN  
CONCEPT PRAGMATIC.**

**GLOBAL CARDIOVASCULAR RISK – A PRAGMATIC  
CONCEPT.**

**Moderatori| Chairmen: R. Capalneau, Gh. A. Dan**

Riscul cardiovascular global. Evolutia  
conceptului de risc cardiovascular: de la risc  
individual la risc global

Global cardiovascular risk. The evolution of the  
cardiovascular risk concept: from individual risk to global  
risk

*Gheorghe Andrei Dan*

Managementul dislipidemiei in preventia  
primara si secundara – implicatiile studiilor  
recente.

Management of dyslipidemia in primary and secondary  
prevention – the implications of recent studies

*Radu Capalneau*

Tratamentul bolnavului hipertensiv in lumina  
studiului VALUE

The treatment of the hypertensive patient in the lights of  
VALUE study

*Dan F. Lighezan*

Concluzii | Conclusions

20.30

**CINA ROMANEASCA | ROMANIAN DINNER**

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

**08.30 – 10.00**

**SESIUNEA I | SESSION I**

**Moderatori | Chairmen: A. M. Heagerty, Maria Dorobantu**

08.30 – 08.50

Controlul hipertensiunii in Europa Centrala  
Community Control In Hypertension In Central Europe

*Renata Cifkova, Prague, Czech Republic*

08.50 – 09.10

Prevalenta HTA si a altor factori de risc  
cardiovasculari in Romania – date preliminare  
din studiul SEPHAR

Hypertension prevalence and other cardiovascular risk  
factors in Romania – preliminary data from SEPHAR  
study

*Maria Dorobantu, Bucuresti*

09.10 – 09.30

Remodelarea arterelor mici si afectarea de  
organe tinta. Implicatii terapeutice

Remodeling of small arteries and target organ damage.  
Implications for treatment

*Anthony M. Heagerty, Manchester, UK*

09.30 – 09.50

Hipertrofia ventriculara stanga – factori de  
prognostic

Left ventricular hypertrophy – prognostic factors

*Leonida Gherasim, Bucuresti*

09.50 – 10.00

Discutii | Discussions

**10.00 – 10.30**

**Pauza de cafea | Coffee Break**

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

10.30 – 12.00

**SESIUNEA II | SESSION II**

**Moderatori | Chairmen: Carmen Ginghina, M. Cinteza**

10.30 – 10.50

De ce sunt atat de importante datele nationale despre factorii de risc cardiovascular (exemplul polonez)

Why national data on cardiovascular risk factors are so important (example from Poland)

*Piotr Bandosz, Gdansk, Poland*

10.50 – 11.10

Costurile tratamentului antihipertensiv

Costs of hypertension treatment

*Mircea Cinteza, Bucuresti*

11.10 – 11.30

Mecanismele progresiei de la HTA la insuficienta cardiaca

Mechanisms of progression from hypertension to cardiac failure

*Carmen Ginghina, Bucuresti*

11.30 – 11.45

Estimarea riscului pentru boala cardiaca ischemica la pacientii hipertensivi – rolul remodelarii geometrice a ventriculului stang

Estimation of the risk for coronary disease of hypertensive patient - the role of geometric remodeling of left ventricle

*Mihaela Rugina, Ionut Stanca, Ruxandra Jurcut, Madalina Cozma, Mihaela Mihaila, Costel Matei, Eduard Apetrei*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

11.45 – 12.00

Patternul angiografic al bolii coronariene la pacientii hipertensivi cu hipertrofie ventriculara stanga tip “strain” pe ECG.

Angiographic pattern of coronary disease in hypertension with electrical left ventricular “strain”.

*Ana Fruntelata, Stefan Bogdan, Miruna Chiru,  
 Irina Ilie, Traian Enache, Loredana Spanu,  
 Lucian Calmac, Rodica Niculescu, Maria  
 Dorobantu*

12.00 – 14.00

**DEJUN | LUNCH**

**RESTAURANT SPORT | SPORT RESTAURANT**

14.00 – 15.30

**ATELIER DE LUCRU | WORKSHOP**

**HIPERTENSIUNEA IN DIABET – NOI  
 CERTITUDINI SI PERSPECTIVE**

**HYPERTENSION IN DIABETES – NEW FINDINGS AND  
 DIRECTIONS**

**Moderatori | Chairmen: P. Nilsson, Doina Dimulescu**

Introducere – definirea problemei

Wellcome – defining the problem

*Peter Nilsson, Malmo, Sweden*

Aprecierea riscului cardiovascular la hipertensivul diabetic

Assessment of cardiovascular risk in hypertensive diabetic patient

*Cornelia Bala, Cluj-Napoca*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

Rezistentă la insulină – legătură comună între hipertensiune și diabet

Insulin resistance as the common ground for hypertension and diabetes

*Nebosja Lalic, Belgrade, Serbia*

Aspecte cardiologice ale hipertensiunii în diabet

Cardiological aspects of hypertension in diabetes

*Doina Dimulescu, Bucuresti*

Tratamentul modern al hipertensiunii în diabet – o actualizare a ultimelor mari trialuri.

Modern treatment of hypertension in diabetes – an update of recent large-scale trials quality projects

*Peter Nilsson, Malmo, Sweden*

**15.30 – 16.00**

**Pauza de cafea | Coffee Break**

**16.00 – 17.30**

**SESIUNEA III | SESSION III**

**Moderatori | Chairmen: C. Lenfant, R. Capalneau**

16.00 – 16.20

Este eficientă prevenția HTA?

Does prevention of HTA work?

*Claude Lenfant, USA*

16.20 – 16.40

Abordarea actuală a hipertensiunii arteriale renovasculare

Modern approach in renovascular hypertension

*Radu Capalneau, Cluj*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

16.40 – 17.00

Tratamentul HTA si dislipidemiile iatrogene.  
 Cat de importanta este problema?

Hypertension treatment and iatrogenic dyslipidemia. How  
 important is the problem?

*Cezar Macarie, Bucuresti*

17.00 – 17.15

Hipertensiunea arteriala renovasculara.  
 Analiza a 42 cazuri

Renovascular hypertension – analysis of 42 cases

*M. D. Datcu, Georgeta Datcu, Viviana  
 Aursulesei, Hellen Rothinberg*

17.15 – 17.30

Factori de orientare a screening-ului in boala  
 renovasculara

Who should be screened for renovascular disease?

*R. D. Darabont, A. D. Corlan, N. Florescu, A.  
 Homoceanu*

17.30 – 18.00

**Pauza de cafea | Coffee Break**

18.00 – 19.30

**SIMPOZION | SYMPOSIUM SANOFI–AVENTIS**

**TRITACE LA PACIENTUL CU RISC  
 VASCULAR CRESCUT**

**TRITACE IN HIGH CARDIOVASCULAR RISK PATIENT**

**Moderatori | Chairmen: L. Gherasim**

TRITACE la pacientul diabetic

TRITACE in diabetic patient

*Leonida Gherasim*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

TRITACE la pacientul cu afectare cerebro-vasculara

TRITACE in cerebro vascular disease patients

*Cristina Panea*

Aspecte actuale legate de IEC la bolnavul coronarian

Actual aspects about ACEI in coronarian patients

*Marius Vintila*

20.00

**CINA FESTIVA | DGALA DINNER**

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Armony**  
**Armony Hall**

**08.30 – 10.00**

**SESIUNEA I | SESSION I**

**Moderatori | Chairmen: H. Haller, I. Bruckner**

08.30 – 08.50

Evaluarea riscului global la bolnavul hipertensiv

Global risk evaluation in hypertensive patient

*Ion Bruckner, Bucuresti*

08.50 – 09.10

Hipertrofia ventriculara si moartea subita cardiaca – o asociere heterogena

Left ventricular hypertrophy and sudden cardiac death – a heterogeneous association

*Gheorghe Andrei Dan, Bucuresti*

09.10 – 09.30

Celulele progenitoare endoteliale si remodelarea vasculara

Endothelial progenitor cells and vascular remodeling

*Hermann Haller, Hannover, Germany*

09.30 – 09.50

Perturbarea reactivitatii arterelor de rezistenta, manifestare a disfunctiei vasculare in diabet

Perturbed resistance arteries reactivity an indicator for diabetes-associated vascular dysfunction

*Doina Popov, Adriana Georgescu, Gabriela Costache, Maya Simionescu, Bucuresti*

09.50 – 10.00

Discutii | Discussions

**10.00 – 10.30**

**Pauza de cafea | Coffee Break**

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Armony**  
**Armony Hall**

10.30 – 12.00

**SESIUNEA II | SESSION II**

**Moderatori | Chairmen: C. Macarie, St. Dragulescu**

10.30 – 10.50

Hipertensiunea arteriala si ischemia miocardica

Hypertension and myocardial ischemia

*Katalin Babes, Oradea*

10.50 – 11.10

Tratamentul antihipertensiv si preventia diabetului zaharat

Hypertension treatment and diabetes mellitus prevention

*Stefan Dragulescu, Timisoara*

11.10 – 11.30

Strategii terapeutice in forme speciale ale HTA

Therapeutic strategies in special groups of hypertensives

*Daniela Bartos, Bucuresti*

11.30 – 11.45

Motivatia educatiei teraputice a bolnavului hipertensiv cu diabet zaharat.

Motivation of therapeutical education of patient with hypertension and diabetes mellitus.

*Crina Popa, Cristina Podasca, Corina Minea, Ioana Bruckner*

11.45 – 12.00

Rolul factorului Von Willebrand si a trombocitelor activate la pacienti hipertensivi cu diabet zaharat tip 2.

Involvement of Von Willebrand factor and activated thrombocytes in hypertensive patients with type 2 diabetes mellitus

*A. Vintila, M. Muraru, S. Avram, H. Bumbea, I. Culea, I. Bruckner*

Vineri, 15 Aprilie  
Friday, 15-th April

Sala Armony  
Armony Hall

12.00 – 14.00

DEJUN | LUNCH

RESTAURANT SPORT | SPORT RESTAURANT

14.00 – 15.30

ATELIER DE LUCRU | WORKSHOP

METODE MODERNE DE EVALUARE A  
PACIENTULUI HIPERTENSIV

MODERN METHODS EVALUATION OF  
HYPERTENSIVE PATIENT

Moderatori | Chairmen: P. Poncelet, Roxana Darabont

Introducere : aportul metodelor moderne de  
masurare a HTA la evaluarea pacientilor  
hipertensivi

Introduction: Apport of modern methods of blood  
pressure measurement in hypertensive patients  
evaluation

*Pascal Poncelet, Lille, France*

Masurarea ambulatorie a tensiunii arteriale

Ambulatory blood pressure measurement

*Pascal Poncelet, Lille, France*

Masurarea presiunii pulsului

Pulse pressure measurement

*Roxana Darabont, Bucuresti*

Evaluarea disfunctiei endoteliale

Endothelial dysfunction evaluation

*Viviana Aursulesei, Iasi*

Cazuri clinice | Clinical cases

15.30 – 16.00

Pauza de cafea | Coffee Break

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Armony**  
**Armony Hall**

16.00 – 17.30

**SESIUNEA III | SESSION III**

**Moderatori | Chairmen: Georgeta Datcu, R. Cristodorescu**

16.00 – 16.20

Hipertensiunea arteriala “mascata”

“Masked” arterial hypertension

*Georgeta Datcu, Iasi*

16.20 – 16.40

Au antagonistii sistemului renina angiotensina un efect de reducere a riscului aparitiei fibrilatiei atriale la pacientii hipertensivi?

Are the renin – angiotensin - system antagonists decreasing the risk of atrial fibrilation in hypertensives?

*Radu Cristodorescu, Timisoara*

16.40 – 17.00

HTA – element de progresie a insuficientei renale cronice

Hypertension - the effects on the progression of cronic renal failure

*Alexandru Ciocalteu, Bucuresti*

17.00 – 17.15

Boala cronica de rinichi – factor favorizant al bolii cardiovasculare. Este si reciproca valabila?

Chronic kidney disease – risk factor for cardiovascular disease. Could the reverse be equally valid?

*Adalbert Schiller, Viviana Ivan*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Armony**  
**Armony Hall**

17.15 – 17.30

Profilul circadian anormal al TA – factor predictiv negativ in progresiunea nefropatiei cronice de grea

The abnormal circadian bp profile as negative predictor of chronic graft nephropathy progression

*M. Voiculescu, Camelia Ionescu, G. Ismail, Mihaela Rosu, Emilia Gilice*

17.30 – 18.00

**Pauza de cafea | *Coffee Break***

18.00 – 19.30

**SIMPOZION | SYMPOSIUM BAYER HEALTHCARE**

**ADALAT CR – RECORD DE EFICIENTA IN CLASA BLOCANTELOR DE CALCIU. ESTE TIMPUL PENTRU ACTION!**

**ADALAT CR – BEST EVIDENCE IN CLASS. IT'S TIME FOR ACTION!**

**Moderatori | Chairmen: Maria Dorobantu**

Antagonistii de calciu in controlul TA si scaderea riscului cardiovascular

Calcium channels blockers – controlling arterial pressure and lowering the cardiovascular risk

*Dumitru Zdrenghea*

De la “INSIGHT” la “ACTION” sau de la efectul antihipertensiv la cel vascular protector al Nifedipinei GITS

From “INSIGHT” to “ACTION” or from the antihypertensive to the vascular protection effect of Nifedipine GITS

*Maria Dorobantu*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

**Sala Armony**  
**Armony Hall**

**ACTION** – un studiu unic in cardiologie prin:  
design, marime si rezultate.

**ACTION** – a uniques study in cardiologie: design, large  
size and results.

*Cezar Macarie*

**20.00**

**CINA FESTIVA | GALA DINNER**

**Sambata, 16 Aprilie**  
**Saturday, 16-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

09.00 – 10.40

**SESIUNEA IV | SESSION IV**

**Moderatori | Chairmen: L. Gherasim, J. Ribstein**

09.00 – 09.20

Afectarea de organe tinta si protectia in HTA

Target organ damage and protection in hypertension

*Jean Ribstein, Montpellier, France*

09.20 – 09.40

Evaluarea ecocardiografica a consecintelor morfologice si functionale ale HVS

Echocardiographic evaluation of morphological and functional consequences of LVH

*Tiberiu Nanea, Bucuresti*

09.40 – 09.55

Prezenta undei L mitrale la pacienti cu hipertensiune arteriala denota disfunctie diastolica severa

The presence of mitral L wave in patients with systemic hypertension indicates severe diastolic dysfunction

*Cristina Stanescu, Doina Sipciu, B. Militescu*

09.55 – 10.10

Functia sistolica longitudinala in cardiomiopatia hipertensiva cu insuficienta cardiaca

Left ventricular longitudinal systolic function in hypertensive cardiomyopathy and heart failure

*Adriana Iliesiu, Irina Andrei, Brandusa Strajean, A. Deutsch, T. Nanea*

**Sambata, 16 Aprilie**  
**Saturday, 16-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

10.10 – 10.25

Implicatiile prognostice ale hipertensiunii arteriale la pacientii cu ischemie reziduala post infarct miocardic acut trombolizat

Prognostic implications of arterial hypertension in patients with residual ischemia after an acute myocardial infarction

*Eduard Ovrincenco, Ana Maria Dascalita,  
 Andreea Caltea, Cristian Caltea, Crina Sinescu*

10.25 – 10.40

Prevalenta HTA in studiul Urziceni 2000-2004

The prevalence of the hypertension into the "Urziceni" study – 2000 – 2004

*E. Apetrei, Iulia Kulcsar, Lucica Grigoriga,  
 M.Albu, A. Selaru, Camina Gutu, Ileana Buzatu,  
 Alexandra Gherghina, Corina Siminiceanu,  
 Monica Bengus, Dana Ciovisa*

10.45 – 11.00

**Pauza de cafea | Coffee Break**

11.00 – 12.30

**SIMPOZION | SYMPOSIUM BERLIN CHEMIE  
 MENARINI**

**LERCANIDIPINA - DE LA UN MECANISM  
 MODERN DE ACTIUNE LA BENEFICIIL  
 CLINICE**

**LERCANIDIPINA – FROM A MODERN MECHANISM  
 OF ACTION TO CLINICAL BENEFITS**

**Moderatori | Chairmen: Carmen Ginghina**

Blocantele de canale de calciu mereu in actualitate

Calcium chanel blockers – always in fashion

*Carmen Ginghina*

**Sambata, 16 Aprilie**  
**Saturday, 16-th April**

**Sala Polivalenta**  
**Polivalenta Hall**

*Particularitati ale mecanismului de actiune –  
lercanidipina*

Action mechanism – particularities for lercanidipine

*Adriana Iliesiu*

Lercanidipina – beneficii clinice

Lercanidipine - clinical benefits

*Dan Gaita*

12.30 – 13.00

**ACORDAREA PREMIILOR | AWARD CEREMONY**

**INCHIDEREA CONFERINTEI | CLOSING  
REMARKS**

13.00 – 14.00

**DEJUN | LUNCH**

**RESTAURANT HOTEL SPORT**

**SPORT HOTEL RESTAURANT**



**Sambata, 16 Aprilie**  
**Saturday, 16-th April**

**Sala Armony**  
**Armony Hall**

09.00 – 10.45

**SESIUNEA IV | SESSION IV**

**Moderatori | Chairmen: Bo Shramek, D.D. Ionescu**

09.00 – 09.20

Afectarea endoteliului vascular in HTA si consecintele clinice

Vascular endothelium damage and clinical consequences

*Crina Sinescu, Bucuresti*

09.20 – 09.40

Tratamentul hipertensiunii ca tulburare hemodinamica

Treatment of hypertension as a hemodynamic disorder

*Bo Shramek, USA*

09.40 – 09.55

Rolul bioimpedantei electrice toracice in controlul hipertensiunii arteriale

The role of electric bioimpedance in the control of arterial hypertension

*Elisabeta Badila, Cristina Tirziu, C.N. Iorgulescu, Maria Stefuriac, Daniela Bartos, Maria Dorobantu*

09.55 – 10.10

Mecanisme celulare implicate in efectele vasculare ale nebivololului

Vascular effects of nebivolol, a cardiovascular drug: focus on the cellular mechanisms

*Adriana Georgescu, Doina Popov, Florentina Pluteanu, Maria-Luisa Flonta, Elisabeta Badila, Maria Dorobantu, Maya Simionescu*

**Sambata, 16 Aprilie**  
**Saturday, 16-th April**

**Sala Armony**  
**Armony Hall**

10.10 – 10.25

Modificarile stressului oxidativ la bolnavii cu hipertensiune arteriala si hipertrofie ventriculara stanga

Changes of oxidative stress in patients with essential hypertension and left ventricular hipertrophy

*Mihaela Leustean, A. Campeanu, R. Olinescu, Dana Stan*

10.25 – 10.40

Studiul evolutiei concentratiilor de proteina C-reactiva în functie de gradul scaderii terapeutice a valorilor tensionale la pacienti hipertensivi nou diagnosticati

Concentration evolution study of C-reactive protein in relation with the blood pressure level control under therapy on new diagnosed patients with hypertension

*Calin Pop, Lavinia Pop, Daniela Dicu*

10.40 – 11.00

**Pauza de cafea | Coffee Break**

11.00 – 12.30

**SIMPOZION | SYMPOSIUM SOLVAY PHARMA**

**MOXONIDINA – CERTITUDINE IN TRATAMENTUL HIPERTENSIUNII ARTERIALE DIN SINDROMUL METABOLIC**

**MOXONIDINE – CERTITUDE FOR HYPERTENSION TREATMENT IN METABOLIC SYNDROME**

**Moderatori | Chairmen: Maria Dorobantu, D. Vinereanu**

Introducere

Introduction

*Maria Dorobantu*

**Sambata, 16 Aprilie**  
**Saturday, 16-th April**

**Sala Armony**  
**Armony Hall**

Sindromul metabolic si interactiunea axelor neurohormonale

Metabolic syndrome and neurohormonal axes interactions

*Maria Dorobantu*

Abordari terapeutice in sindrom metabolic

Therapeutic approach of the metabolic syndrome

*Doina Dimulescu*

HTA din sindromul metabolic: ce si cum tratam?

Hypertension in metabolic syndrome: what and how we treat ?

*Dragos Vinereanu*

13.00 – 14.00

**DEJUN | LUNCH**

**RESTAURANT HOTEL SPORT**

**SPORT HOTEL RESTAURANT**



## POSTER FORUM

1. Efectul tratamentului antihipertensiv asupra rigiditatii arteriale – studiu comparativ a doua regimuri terapeutice  
The effect of antihypertensive treatment on arterial stiffness – comparative study with two therapeutic regimens  
*Viviana Aursulesei, Georgeta Datcu, Maria Stoenescu, Ion Fermesanu, Mihai Dan Datcu – Iasi*
2. Variabilitatea frecventei cardiace la pacientii hipertensivi cu diabet zaharat - martor al disfunctiei vegetative  
The heart rate variability in diabetic, hypertensive patients - a precocious vegetative neuropathy marker  
*Corina Homentcovschi, I. Bruckner - Bucuresti*
3. Profilul pacientilor hipertensivi spitalizati in clinica de Medicala I a Spitalului Clinic de Urgenta Bucuresti  
The profile of hypertensive patients hospitalized on the I Internal Medicine Department of Emergency Hospital Bucharest  
*Elisabeta Badila, Maria Stefuriac, C. N. Iorgulescu, Cristina Tirziu, Florentina Mehic, Daniela Bartos, Maria Dorobantu – Bucuresti*
4. In timpul infarctului miocardic acut semnele de insuficienta cardiaca sunt mai severe si mai persistente la pacientii hipertensivi decat la normotesivi?  
During acute myocardial infarction hypertensives have more severe and persistent clinical signs of heart failure than normotensives?  
*Catalina Calin, Eduard Ovrincenco, Lucian Axente, Crina Sinescu - Bucuresti*

5. Diferente ale repartitiei factorilor de risc si a complicatiilor hipertensiunii arteriale in populatia varstnica

The differences in distribution of risk factors and complications in the elderly hypertensives

*Anca Popa, Raluca Ciomag, Cristian Caltea, Andreea Caltea, Crina Sinescu – Bucuresti*

6. Individualizarea regimului terapeutic optim la pacientul hipertensiv si cu insuficienta cardiaca

Individualization of the optimal treatment in patient with hypertension and heart failure

*Elvira Craiu, Cristina Voiculescu, Violeta Nicoleta Miu, Daniela Avram - Constanta*

7. Analiza comparativa a profilului circadian al TA in HTA secundara reno-parenchimatoasa vs. HTA esentiala

Comparative analysis of circadian BP profile in secondary reno-parenchymatous arterial hypertension vs. essential arterial hypertension

*Ionescu C., Voiculescu M., Ismail G., Galice E., Bucsa C., Dumitrache D. – Bucuresti*

8. Cauze ale hipertensiunii arteriale la pacientul dializat

Hypertension in dialysis patients – bioimpedance study

*Luminita Ardelean, Oana Constantinescu, Viorica Bumbea, Maria Dorobantu – Bucuresti*

9. Factori predictivi ai profilului circadian anormal al TA in HTA reno-parenchimatoasa

Predictive factors of abnormal circadian blood pressure profile in renoparenchymatous arterial hypertension

*Voiculescu M., Ionescu C., Ismail G., Galice E., Bucsa C., Dumitrache D. – Bucuresti*

10. Feocromocitom extraadrenal – cauza rara de hipertensiune arteriala

Extra-adrenal pheochromocytoma - uncommon cause for hypertension

*Monica Bengus, Corina Siminiceanu, Ivona Ilie, Marinele Serban, Ioana Lupescu, M. Postu, S. Georgescu, Carmen Ginghina – Bucuresti*

11. Evolutia proteinuriei la pacientii diabetici si hipertensivi tratati cu ramipril comparativ cu cei tratati cu ramipril si sortis

A comparison of the evolution of proteinuria on diabetic and hypertensive patients under ramipril treatment and diabetic and hypertensive patients under ramipril and sortis treatment

*Aurel Lazar, L. Lazar, Alina Iacobescu, Maghiar Florin, Magheru Sorina, Duma Laura, Ovidiu Burta - Oradea*

12. Aritmii asociate HTA cu HVS concentrica  
Arrhythmias in hypertension with concentric LVH

*S. Marinescu, G. Stanciulescu, D. Blajan, A.G. Tase – Pitesti*

13. Incidenta fibrilatiei atriale la pacienti hipertensivi tratati cu inhibitori de enzima de conversie

Occurrence of atrial fibrillation in hypertensive patients treated with ACE inhibitors

*Christodorescu R. M., Christodorescu R., Dragomir T., Nicolcioiu M., Tomescu M., Darabantiu D. – Timisoara*

14. Tratamentul cu celiprolol in hipertensiunea arteriala esentiala, implicatii practice

The treatment with celiprolol in essential hypertension, clinical implications

*Zorila Corina, Mos Liana, A. Wiener, Edith Patko – Arad*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

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**Teleferic Hall**

15. Evolutia cu profil MATA de risc a hipertensiunii arteriale la pacienti cu sindrom metabolic – studiu pe 105 cazuri  
 The evolution of the arterial hypertension with an ABPM high risk profile at patients with metabolic syndrome – research on 105 cases  
*Gabriela Ifteni, Alina Bisoc, Florin Leasu, Mariana Radoi - Brasov*
16. Prevalenta hipertensiunii tratate si netratate intr-o populatie cu accident vascular cerebral  
 Prevalence of treated and untreated hypertension in a stroke population  
*Floridor Adam, Raluca Ciomag, Valentin Chioncel, Crina Sinescu - Bucuresti*
17. Date ecocardiografice la bolnavii hipertensivi cu si fara sindrom metabolic  
 Echocardiographic data in hypertensive patients with and without metabolic syndrome  
*Babes V. V., Tiponut B. Emilia, Babes Katalin - Oradea*
18. Efectul inhibitorilor enzimei de conversie asupra hipertrofiei ventriculare stangi la pacientii hipertensivi, diabetici cu infarct acut de miocard  
 The effect of ace inhibitors on left ventricular hypertrophy in patients with systemic hypertension, diabetes mellitus and myocardial infarction  
*Andreea Caltea, Cristian Caltea, Eduard Ovrincenco, Crina Sinescu – Bucuresti*
19. Hipertensiunea arteriala - o complicatie importanta a tratamentului cu ciclosporina la pacientii cu cord transplantat  
 Arterial hypertension – an important complication of ciclosporin treatment in patients with heart transplantation  
*Alexandrina Tatu-Chitoiu, Serban Bradisteanu - Bucuresti*

20. Aportul monitorizarii continue pe 24 de ore a tensiunii arteriale în evaluarea pacienților hipertensivi cu afectarea organelor tinta  
Contribution of continuous 24 hours blood pressure monitoring in evaluating hypertensive patients with end organ involvement  
*Monica Poenaru, Georgeta Datcu, Dan Iliescu, Liliana Slatineanu – Iasi*
21. Predictorii hipertrofiei ventriculare stangi la pacientii cu hipertensiune arteriala rezistenta  
Predictors of left ventricular hypertrophy in patients with resistant hypertension  
*Cristian Calttea, Andreea Calttea, Catalina Calin, Valentin Chioncel, Crina Sinescu – Bucuresti*
22. Efectele nebivololului asupra functiei ventriculare stangi la bolnavii hipertensivi cu insuficienta cardiaca  
Effects of nebivolol on left- ventricular function and exercise capacity in hypertensive patients with heart failure  
*Adriana Toadere, M.I. Popescu – Oradea*
23. Controlul optimal al profilului circadian al valorilor tensionale determina modificari benefice ale calitatii vietii ?  
Optimal control of the circadian profile and of the BP values generate benefic changes of the quality of life (QOL)?  
*Balan Horia, Livia Popescu, Delia Donciu, Elena Popescu, Anca Moldovan – Bucuresti*
24. Necesitatea asociierilor antihipertensive  
The need of antihypertensive drugs association  
*V. Ambarus, C. Rezus, Mirela Ciutea, Catalina Moldovanu, Codruta Badescu, A. Cosovanu – Iasi*

**Vineri, 15 Aprilie**  
**Friday, 15-th April**

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25. Hipertensiunea renovasculara la pacientii cu hipertensiune arteriala severa

Renovascular hypertension in patients with severe arterial hypertension

*Conf. Doina Dimulescu, Ionut Stanca,  
Roxana Popescu, Andreea Popescu -  
Bucuresti*



