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SOCIETATEA ROMÂNĂ DE CARDIOLOGIE
GRUPUL DE LUCRU „CARDIOLOGIE PREVENTIVĂ”

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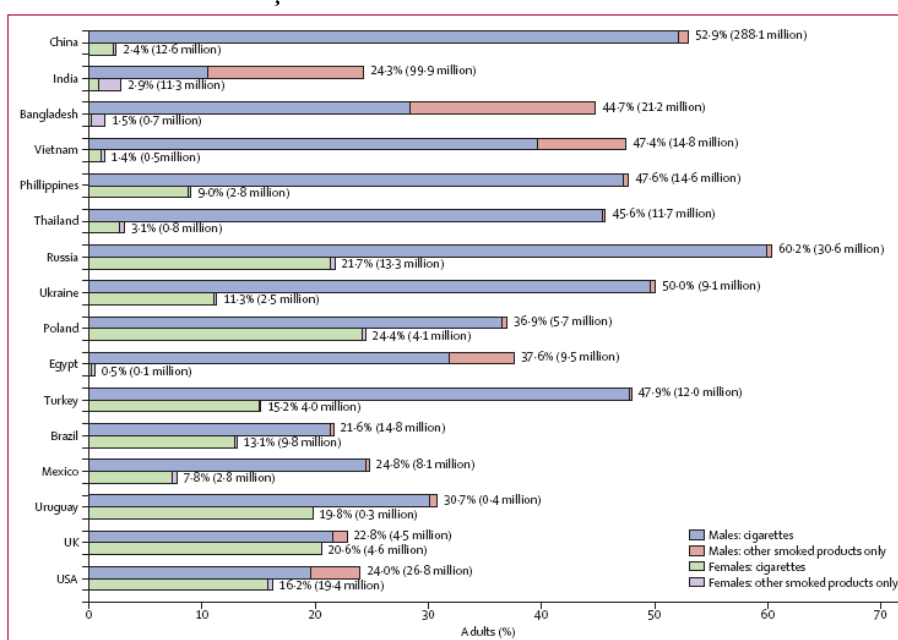
LUNGA VARĂ FIERBINTE SE SFÂRȘEȘTE LA MÜNCHEN



Când răsfoim numerele din iarnă ale revistei noastre, unde pomeneam de „freezing rain” și de nămeții ce aminteau de „zăpezile de altădată” parcă nu ne vine să credem că am trăit așa ceva cu doar câteva luni în urmă. Am ajuns, în această lungă vară fierbinte, când în jurul nostru parcă totul tindea să se lichefieză, să regretăm „ploaia înghețată” și răceala lunilor de iarnă. Au fost săptămâni de vară, de vacanță, a fost olimpiada londoneză și legat de aceasta, ca să revenim la ce ne interesează, au fost mai multe articole legate de activitatea fizică, culminând cu seria publicată în Lancet în numărul din 21 iulie (9838). Vă prezint un scurt fragment din editorialul de însoțire: „This Series on physical activity is not about sport and it is about more than exercise. It is about the relationship between human beings and their environment, and about improving human wellbeing by strengthening that relationship. It is not about running on a treadmill, whilst staring at a mirror and listening to your iPod. It is about using the body that we have in the way it was designed, which is to walk often, run sometimes, and move in ways where we physically exert ourselves regularly whether that is at work, at home, in transport to and from places, or during leisure time in our daily lives.” Și un al doilea fragment din primul articol din serie, „Global physical activity levels: surveillance progress, pitfalls and prospects”, referitor la transportul activ : „If all noncyclists in Denmark became cyclists, about 12 000 deaths linked to little physical activity would be prevented every year as a result of cycling activity; there, only 30 cyclists are killed in traffic accidents annually.” Pe aceeași temă, vă

recomandăm să citiți un foarte interesant interviu luat domnului Jan Gehl, arhitect danez, un guru al planificării urbane care are drept obiectiv orașe pline de viață, sigure, durabile și sănătoase, interviu apărut în numărul din august al National Geographic Romania („În unele orașe, chiar se face totul pentru a schimba acest mod (sedentar) de a trăi. La New York locuitorilor li se spune: ”O facem spre binele vostru, o să mergeți pe jos și cu bicicleta, pentru că așa vă împiedicăm să ajungeți prin spitale”). Spre comparație, la noi a apărut ideea desființării pistelor de bicicletă, ca fiind „o investiție nerentabilă”.

Tot în Lancet (18 august, 380,668-79) sunt publicate concluzii dintr-un studiu amplu asupra fumatului, studiul GATS (Global Adult Tobacco Survey), o evaluare a tendințelor actuale pe o populație de 3 milioane de subiecți din 16 țări (14 țări cu venit mic sau mediu, la care s-au adăugat datele din UK și SUA). În statele participante în GATS, 48,6% dintre bărbați și 11,3% dintre femei erau fumători. Concluzia trasă este în favoarea intensificării eforturilor de prevenire a inițierii și de stopare a fumatului, pentru a reduce morbiditatea și mortalitatea asociate.



Vă reamintim că rezultatele pentru România ale studiului GATS au fost prezentate în martie ac, acestea putând fi vizualizate pe site-ul Ministerului Sănătății (am prezentat o relatare pe acest subiect în numărul 9/10 al revistei noastre).

Tot în această vară, în iunie, a fost publicat în „Annals of Internal Medicine” un ghid al Consiliului american de prevenție, referitor la intervenții asupra stilului de viață în populația adultă : „Behavioral Counseling Interventions to Promote a Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults: U.S. Preventive Services Task Force Recommendation Statement”

Population: General adult population without a known diagnosis of hypertension, diabetes, hyperlipidemia, or cardiovascular disease (CVD).

Recommendation: Although the correlation among healthful diet, physical activity, and the incidence of CVD is strong, existing evidence indicates that the health benefit of initiating behavioral counseling in the primary care setting to promote a healthful diet and physical activity is small. Clinicians may choose to selectively counsel patients rather than incorporate counseling into the care of all adults in the general population. *Considerations:* Issues to consider include other risk factors for CVD, a patient's readiness for change, social support and community resources that support behavioral change, and other health care and

preventive service priorities. *Potential Harms:* Harms may include the lost opportunity to provide other services that have a greater health effect.

Grade: This is a grade C recommendation.

Congresul anual al Societății Europene de Cardiologie



Peste doar câteva zile începe Congresul ESC de la Munchen. Așa cum v-am obișnuit, vă prezentăm câteva recomandări selectate din program, sesiuni legate de aria de interes a grupului nostru.

Noul Ghid European de Prevenție va fi discutat duminică 26 august între 8:30 și 8:45 (Sesiune de prezentare a tuturor ghidurilor ESC din 2012), între 15:40 și 16:20 (Meet the Guidelines Task Force) și luni 27 august între 11:00 și 12:30, în aceeași sală, Tirana (Central Village).



SÂMBĂȚĂ 25 AUGUST

Title:

Cardiopulmonary exercise testing (CPX): an introduction

SubTitle:

In collaboration with the Council for Cardiology Practice, the European Association for Cardiovascular Prevention & Rehabilitation, CPX International and the Japanese Association of

Cardiac Rehabilitation
Date: 25 Aug 2012
Time: 09:30-10:30
Type: Symposium, Cardiologist of Tomorrow Track
Room: Athens - Village 3
Chairperson: P Agostoni (Milan, IT), P Giannuzzi (Veruno, IT)

Time	Final Prog. Number	Title	Speakers	Abstract
09:30		Why do CPX testing?	PA Sirnes (Moss, NO)	
09:33		CPX and prognosis in cardiovascular disease.	A K Gitt (Ludwigshafen, DE)	
09:46		CPX and heart failure: old and new prognostic parameters.	A Cohen-Solal (Paris, FR)	
09:59		Physiological background of oxygen uptake kinetics at onset, during and after exercise.	H Itoh (Tokyo, JP)	
10:12		Assessing ventilatory reserve and anaerobic or lactic acidosis threshold.	P Palange (Rome, IT)	

Title: Cardiopulmonary exercise testing (CPX) for comprehensive cardiac evaluations
Date: 25 Aug 2012
Time: 11:00-12:30
Type: Symposium
Room: Athens - Village 3
Chairperson: P Giannuzzi (Veruno, IT), H Itoh (Tokyo, JP)

Time	Final Prog. Number	Title	Speakers	Abstract
11:00		The role of ventilatory efficiency in clinical decision making.	FX Kleber (Potsdam, DE)	
11:15		Insight from CPX parameters beyond oxygen uptake.	P Agostoni (Milan, IT)	
11:30		CPX in pulmonary vascular disease - metabolic traces of the failing right ventricle	D Dumitrescu (Cologne, DE)	
11:45		Exercise induced periodic breathing.	U Corra (Veruno, IT)	
12:00		The role of CPX testing in the rehabilitation of cardiac patients.	V Conraads (Edegem, BE)	
12:15		Discussion.		

Title: Exercise training - the magic bullet for disease treatment
Date: 25 Aug 2012
Time: 11:00-12:30
Type: Symposium
Room: Nicosia - Village 3
Chairperson: JPJ Halcox (Cardiff, GB), V Adams (Leipzig, DE)

Time	Final Prog. Number	Title	Speakers	Abstract
11:00		Aortic valve disease.	Y Matsumoto (Miyagi, JP)	
11:22		Pulmonary hypertension.	E Gruenig (Heidelberg, DE)	
11:45		Carotid atherosclerosis.	N Kadoglou (Thessaloniki, GR)	
12:07		Peripheral artery disease.	X To be announced (X, FR)	



DUMINICĂ 26 AUGUST

Highlights from EuroPrevent Dublin 2012

26 Aug	08:30 - 10:00	Nicosia - Village 3
Chairpersons: Pantaleo GIANNUZZI (Veruno, IT), Ian GRAHAM (Dublin, IE)		
08:30	261	New scientific advances in exercise, basic and translational research. Volker ADAMS (Leipzig, DE)
08:52	262	New scientific advances in cardiac rehabilitation. Massimo Francesco PIEPOLI (Piacenza, IT)
09:15	263	New scientific advances in prevention, epidemiology and population science. Diego VANUZZO (Udine, IT)
09:37	264	New scientific advances in sport cardiology. Hein HEIDBUCHEL (Leuven, BE)

From bench to practice: exercise training; from molecular adaptations to multifactorial rehabilitation

26 Aug	08:30 - 10:00	Yerevan - Village 3
Chairpersons: Hugo SANER (Bern, CH), Oyvind ELLINGSEN (Trondheim, NO)		
08:30	265	Molecular fundamentals that explain cardiovascular benefit. Stephan GIELEN (Halle (Saale), DE)

08:52	266	Exercise: the non-pharmacological polypill for prevention.	Josef NIEBAUER (Salzburg, AT)	
09:15	267	Tailored exercise training: look at the patient first.	Alain COHEN-SOLAL (Paris, FR)	
09:37	268	Strategies to ensure lifelong adherence.	M Christi DEATON (Manchester, GB)	

Hot Line I: Late Breaking Trials on Prevention to Heart Failure

26 Aug	11:00 - 12:30	Munich - Central Village
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Chairpersons: Gordon F TOMASELLI (Baltimore, US), Michel KOMAJDA (Paris, FR)

11:00	395	PURE: Patterns of risk factor prevalence for CVD globally by urbanization, gender, and economic status of countries and individuals: The Prospective Urban Rural Epidemiologic (PURE) Study of 153,996 people from 628 communities in 17 countries	Salim YUSUF (Hamilton, CA)	
11:10	396	Discussant: PURE: Patterns of risk factor prevalence for CVD globally by urbanization, gender, and economic status of countries and individuals: The Prospective Urban Rural Epidemiologic (PURE) Study of 153,996 people from 628 communities in 17 countries	David Allan WOOD (London, GB)	

Cardiovascular disease prevention in diabetes - what works and what does not?

26 Aug	14:00 - 15:30	Zagreb - Village 2
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Chairpersons: Juan Carlos KASKI (London, GB), Maria Angeles ALONSO GARCIA (Madrid, ES)

14:00	1169	Antiplatelet therapy.	Carlo PATRONO (Rome, IT)	
14:22	1170	Glycemic control.	Nikolaus MARX (Aachen, DE)	
14:45	1171	Statins.	Kausik K RAY (London, GB)	
15:07	1172	Blood pressure management.	Felipe MARTINEZ (Cordoba, AR)	

LUNI 27 AUGUST

Title: The 2012 Guidelines on cardiovascular disease prevention in clinical practice
Date: 27 Aug 2012
Time: 11:00-12:30
Room: Tirana - Central Village
Chairperson: R Cifkova (Prague, CZ), J Perk (Kalmar, SE)

Time	Final Prog. Number	Title	Speakers	Abstract
11:00		Why is prevention of cardiovascular disease needed?	G De Backer (St Martens Latem, BE)	
11:22		Who should benefit from it?	I M Graham (Dublin, IE)	
11:45		How can cardiovascular disease prevention be used?	M Verschuren (Bilthoven, NL)	
12:07		Where should programmes be offered?	H Gohlke (Ballrechten-Dottingen, DE)	

Title: Sudden death in sport
Date: 27 Aug 2012
Time: 11:00-12:30
Type: Symposium
Room: Nicosia - Village 3
Chairperson: E E Solberg (Oslo, NO), A Pelliccia (Rome, IT)

Time	Final Prog. Number	Title	Speakers	Abstract
11:00		Sudden cardiac death in recreational versus elite athletes.	X Jouven (Paris, FR)	
11:22		Resting and exercise electrocardiogram in cardiovascular screening.	D Corrado (Padova, IT)	
11:45		Athlete's heart versus cardiomyopathy in white versus black athletes.	S Sharma (London, GB)	
12:07		Marathon in middle-aged athletes: danger or benefits?	M Halle (Munich, DE)	

Title: Is there a role for cardiac rehabilitation in the modern era of percutaneous coronary intervention and coronary artery bypass grafting?
Date: 27 Aug 2012
Time: 11:00-12:30
Type: Debate Session
Room: Yerevan - Village 3
Chairperson: M Mendes (Carnaxide, PT), J Niebauer (Salzburg, AT)

Time	Final Prog. Number	Title	Speakers	Abstract
11:00		After primary percutaneous coronary intervention.: Pro.	H Saner (Bern, CH)	
11:15		After primary percutaneous coronary intervention.: Contra.	R J De Winter (Amsterdam, NL)	
00:00		After primary percutaneous coronary intervention.: Rebuttal.		

11:30		After primary percutaneous coronary intervention.: Pro.	H Saner (Bern, CH)	
11:35		After primary percutaneous coronary intervention.: Contra.	R J De Winter (Amsterdam, NL)	
11:40		After primary percutaneous coronary intervention.: Conclusion.		
11:45		After modern coronary artery bypass grafting.: Pro.	M F Piepoli (Piacenza, IT)	
12:00		After modern coronary artery bypass grafting.: Contra.	F W Mohr (Leipzig, DE)	
00:00		After modern coronary artery bypass grafting.: Rebuttal.		
12:15		After modern coronary artery bypass grafting.: Pro.	M F Piepoli (Piacenza, IT)	
12:20		After modern coronary artery bypass grafting.: Contra.	F W Mohr (Leipzig, DE)	
12:25		After modern coronary artery bypass grafting.: Conclusion.		

Title: Electrocardiogram - Sudden cardiac death (SCD) algorithm toolkit - Practical usage
SubTitle: Sponsored by GE Healthcare (on-site registration)
Date: 27 Aug 2012
Time: 12:30-14:00
Type: Hands-On Tutorial
Room: Room B32 - Hands-On Tutorials
Chairperson: G Schmidt (Munich, DE)

Title: Secondary prevention after myocardial revascularisation: ESC/EACTS Guidelines 2010
Date: 27 Aug 2012
Time: 14:00-15:30
Type: Symposium, ESC Clinical Practice Guidelines
Room: Yerevan - Village 3
Chairperson: W Wijns (Aalst, BE), J Perk (Kalmar, SE)

Time	Final Prog. Number	Title	Speakers	Abstract
14:00		What is evidence based in secondary prevention?	U Laufs (Homburg, DE)	
14:22		What is new in the 2010 ESC/EACTS Guidelines?	U Corra (Veruno, IT)	
14:45		How can it be implemented? Pitfalls and barriers.	J-P Schmid (Bern, CH)	
15:07		Future of interventional cardiology: will prevention replace intervention?	S Gielen (Halle (Saale), DE)	

Title: State of the Art - Cardiac rehabilitation: exploring new horizons
Date: 27 Aug 2012
Time: 16:30-18:00
Type: State of the Art and Featured Research
Room: Athens - Village 3
Chairperson: H Saner (Bern, CH), P Giannuzzi (Veruno, IT)

Time	Final Prog. Number	Title	Speakers	Abstract
16:30		Short and long-term effects of regular physical exercise training on diastolic function in pre-diabetic, adipose patients with coronary artery disease	R Hoellriegel (Leipzig, DE)	
16:45		TAVI (Transcatheter aortic valve implantation) patients: safety and outcome of cardiac rehabilitation (CR) compared to biological aortic valve replacement for aortic stenosis (AVR)	F Tarro Genta (Turin, IT)	
17:00		Exercise training in pulmonary arterial hypertension associated with connective tissue diseases	F Maier (Heidelberg, DE)	
17:15		Effect of exercise and lifestyle intervention on left ventricular and vascular function in patients with chronic kidney disease: a randomised controlled trial	E J Howden (St Lucia, AU)	
17:30		State of the Art - Cardiac rehabilitation: exploring new horizons	P Giannuzzi (Veruno, IT)	

Title: Electrocardiogram quiz
Date: 27 Aug 2012
Time: 16:30-18:00
Room: Brussels - Village 7
Chairperson: E Aliot (Vandoeuvre-Les-Nancy Cedex, FR), G Hindricks (Leipzig, DE)

Time	Final Prog. Number	Title	Speakers	Abstract
16:30		Part 1.	L De Roy (Wavre, BE)	
17:15		Part 2.	M Borggrefe (Mannheim, DE)	

MARTI 28 AUGUST

Title: Modern cardiac rehabilitation moving beyond fundamentals
Date: 28 Aug 2012
Time: 08:30-10:00
Type: Abstract Session
Room: Athens - Village 3
Chairperson: J P Ribeiro (Porto Alegre, BR), S Gielen (Halle (Saale), DE)

Time	Final Prog. Number	Title	Speakers	Abstract
08:30		Multidisciplinary cardiac rehabilitation and survival in The Netherlands	H De Vries (Groningen, NL)	
08:45		Cardiovascular rehabilitation after a first acute coronary syndrome and the risk of recurrence and death in patients from the French MONICA registries	P-L Vervueren (Toulouse, FR)	
09:00		Phase II comprehensive cardiac rehabilitation prevents readmission for heart failure in patients with chronic heart failure and high brain natriuretic peptide levels	K Kamiya (Sagamihara, JP)	
09:15		Compliance to a cardiac rehabilitation program: what benefits and prognosis impact?	I Rangel (Oporto, PT)	
09:30		The effects of respiratory muscle trainings on systemic inflammation and fibrosis process in patients with heart failure.	G P Arutyunov (Moscow, RU)	
09:45		Beneficial effects of rehabilitation in comparison with resynchronization therapy in patients with NYHA III heart failure		

Title: Eat, drink and be merry?
Date: 28 Aug 2012
Time: 08:30-10:00
Type: Symposium
Room: Yerevan - Village 3
Chairperson: E Bruckert (Paris, FR), C S Jennings (London, GB)

Time	Final Prog. Number	Title	Speakers	Abstract
08:30		Dark chocolate and cardiovascular health.	S Desch (Leipzig, DE)	
08:52		Red wine: ready for prescription?	EJG Sijbrands (Rotterdam, NL)	
09:15		Laughter and other positive emotions on the heart.	L Kubzansky (Boston, US)	
09:37		Eat well and live long?	P M Kris-Etherton (University Park, US)	

Title: Prevention in the multi-risk patient: how to put Guidelines into clinical reality
Date: 28 Aug 2012
Time: 08:30-10:00
Type: Focus Cardiology Practice
Room: The Hague - Village 10
Chairperson: V Conraads (Edegem, BE), M C Deaton (Manchester, GB)

Time	Final Prog. Number	Title	Speakers	Abstract
08:30		Primary prevention. Not a patient yet: what's the point?	F D R Hobbs (Oxford, GB)	
08:30		Secondary prevention and physical activity: never too late?	J Niebauer (Salzburg, AT)	
08:30		Changing lifestyle: easier said than done.	M C Deaton (Manchester, GB)	
08:30		Panel.	F D R Hobbs (Oxford, GB), J Niebauer (Salzburg, AT), M C Deaton (Manchester, GB)	

Title: Sport cardiology - Pre-participation screening: consequences and pitfalls
Date: 28 Aug 2012
Time: 11:00-12:30
Type: Abstract Session
Room: Athens - Village 3
Chairperson: T Meyer (Saarbruecken, DE), F Carre (Rennes Cedex, FR)

Time	Final Prog. Number	Title	Speakers	Abstract
11:00		Exercise related out-of-hospital cardiac arrest: incidence, prognosis, and prevention of sudden death.	A Mosterd (Amersfoort, NL)	
11:15		Costs of cardiovascular screening with ECG in young athletes in Switzerland	A Menafooglio (Bellinzona, CH)	
11:30		Concentric remodelling of the right ventricle in African football players	G F Gjerdaalen (Oslo, NO)	
11:45		Prevalence of significant ECG abnormalities in elite Australian athletes.	M Brosnan (Melbourne, AU)	
12:00		Prevalence of Brugada ECG-pattern recorded with V1 and V2 in the third intercostals space in young athletes	A Menafooglio (Bellinzona, CH)	
12:15		Sudden cardiac death risk assessment, combining cardiorespiratory fitness with cardiovascular risk factors	MJ Hagnas (Rovaniemi, FI)	

Title: How to improve assessment of cardiovascular risk?
Date: 28 Aug 2012
Time: 11:00-12:30
Type: Symposium
Room: Yerevan - Village 3
Chairperson: F D R Hobbs (Oxford, GB), T Zdrojewski (Sopot, PL)

Time	Final	Title	Speakers	Abstract
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	Prog. Number			
11:00		Principles of cardiovascular disease risk prediction.	D A Wood (London, GB)	
11:22		The role of genetics in cardiovascular risk assessment.	X To be announced (X, FR)	
11:45		Promising strategies - American perspective.	M Pencina (Boston, US)	
12:07		Promising strategies - European perspective.	I M Graham (Dublin, IE)	

MIERCURI 29 AUGUST

Title: Secondary prevention: still improving after all these years.
Date: 29 Aug 2012
Time: 08:30-10:00
Type: Abstract Session
Room: Athens - Village 3
Chairperson: K Kotseva (London, GB), G De Backer (St Martens Latem, BE)

Time	Final Prog. Number	Title	Speakers	Abstract
08:30		Effect of angiotensin-converting enzyme (ACE) inhibitors and angiotensin II receptor blockers (ARBs) on cardiovascular mortality in hypertension: a meta-analysis of randomized controlled trials	R Ferrari (Ferrara, IT)	
08:45		A phase 3 study of the microsomal triglyceride transfer protein (MTP) inhibitor lomitapide in patients with homozygous familial hypercholesterolemia	M Cuchel (Philadelphia, US)	
09:00		Addition of cilostazol to conventional dual antiplatelet therapy reducing the risk of cardiac events and restenosis after drug-eluting stent implantation: a meta-analysis	Z W Chen (Shanghai, CN)	
09:15		Impact of positive airway pressure therapy for secondary prevention in patients with cardiovascular disease and sleep-disordered breathing	Y Nishihata (Shinjuku-Ku, JP)	
09:30		Impact of physical exercise and inflammatory state on endothelial progenitor cells in acute coronary syndrome patients attending a cardiac rehabilitation program	F Cesari (Florence, IT)	
09:45		Predictive value of CHADS2 score for death, stroke, and myocardial infarction both in patients with or without atrial fibrillation	E Toda (Hachioji, JP)	



Câteva informații practice: locul de desfășurare - ICM (Internationales Congress Center München), Messagelände, stație de metrou „Messestadt West” (din centru, pe U2 (U-Bahn), în direcția „Messestadt Ost”. Vor fi disponibile abonamente pentru 5 zile la prețul de 20 de euro de la Centrul de congrese.

Dacă aveți câteva ceasuri libere, vă recomandăm turul gratis realizat de SANDEMANs New Europe, cu plecări zilnice la 10:45, la 13.00 și la 15.00, din Marienplatz, lângă coloană (pentru alte detalii: www.newmunichtours.com/daily-tour)



Congresul anual al Societății Române de Cardiologie



În cadrul congresului, vom avea un curs de „Test de efort –cazuri clinice comentate”(joi 4 octombrie), o sesiune referitoare la „Tratamentul non farmacologic-mai mult decât regimul igienico-dietetic” și o alta cu tema „Restenoza în boala ischemică- cum prevenim?”, precum și sesiuni comune cu Fundația Română a Inimii, Grupul de Ateroscleroză și Aterotromboză, Grupul de Cardiologie de Urgență și Athletic Cardio Club.

Programul preliminar al congresului urmează să fie publicat pe cardioportal.ro în zilele următoare.

De asemenea, vă reamintim de cursul „CARDIOSEN”(Particularități ale bolilor cardiovasculare la vârstnic), ce se va desfășura la București vineri 19 octombrie, la Biblioteca Centrală Universitară (și nu la Hotel Ramada, cum anunțasem anterior).



Alte manifestări – cursuri, congrese

Așa cum ne-am obișnuit, la Berna se va desfășura Cursul de recuperare în boli cardiovasculare cu cele două module : începători (17-19 septembrie) și avansați (20-22 septembrie). Cursul se desfășoară la fiecare 2 ani, alternativ cu cel de insuficiență cardiacă.

2nd Training Course 20 - 22 September 2012

1st Training Course 17 - 19 September 2012




How to Set up and Run a Cardiovascular Rehabilitation and Exercise Training Programme

Auditorium Ettore Rossi
University Hospital (Inselspital) Bern - Switzerland

La Veruno (Italia), în 9 și 10 noiembrie 2012 se va desfășura cel de al doilea curs de testare de efort cu dozarea gazelor respiratorii (CPEX) . Și tot în Italia, la Roma, se va desfășura ediția următoare (18-20 aprilie 2012) a EuroPrevent (suntem convinși că numărul colegilor interesați de prevenție și recuperare va crește brusc, așa cum s-a întâmplat și în primăvara acestui an, la Dublin). Se pot face deja înscrieri (s-au deschis pe 14 august).



Vă dorim un sfârșit de vară cât mai plăcut (și suportabil) și o toamnă superbă.

Dr. Daniel Gherasim
Președinte Grup de lucru
Redactor, concepție format revistă

Conf. Florin Mitu
Președintele anterior al grupului