

PERSONAL DATA

VINTILĂ M. ANA-MARIA (Maiden name MIHALACHE)



📍 1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania

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Gender Female | Date of birth 26/August/1976 | Nationality Romanian

CURRENT POSITION

Consultant in cardiology and Internal Medicine – Coltea Clinical Hospital, Department of Internal Medicine and Cardiology  
 Lecturer, UMF „Carol Davila”, Bucharest –Clinical Education Department 1 – Medical Semiology, Coltea Clinical Hospital, Bucharest, Faculty of Medicine

PROFESSIONAL EXPERIENCE

2015 - present

Lecturer  
 UMF Carol Davila, Bucharest – Clinical Education Department 1 –Medical Semiology, Coltea Clinical Hospital, Bucharest  
 1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.umfcaroldavila.ro/>  
 Teaching and research responsibilities

2005 – 2015

Assistant Professor  
 UMF Carol Davila, Bucharest – Clinical Education Department 1 –Medical Semiology, Coltea Clinical Hospital, Bucharest  
 1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.umfcaroldavila.ro/>  
 Teaching and research responsibilities

2003 – 2005

Junior Assistant Professor  
 UMF Carol Davila, Bucharest – Clinical Education Department 1 –Medical Semiology, Coltea Clinical Hospital, Bucharest  
 1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.umfcaroldavila.ro/>  
 Teaching and research responsibilities

2014 – present

Senior Consultant in Internal Medicine, Senior Consultant in Cardiology  
 Coltea Clinical Hospital, Bucharest, Internal Medicine and Cardiology Department  
 1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.coltea.ro/>  
 Member of the Quality Board of Coltea Clinical Hospital

Medical responsibilities and responsibilities in the management of quality in medical proceedings

2012 - 2014

Senior Consultant in Internal Medicine, Consultant in Cardiology  
Coltea Clinical Hospital, Bucharest, Internal Medicine and Cardiology  
Department  
1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.coltea.ro/>  
Member of the Quality Board of Coltea Clinical Hospital  
Medical responsibilities and responsibilities in the management of quality in  
medical proceedings

2008 – 2012

Consultant in Internal Medicine and Cardiology  
Coltea Clinical Hospital, Bucharest, Internal Medicine and Cardiology  
Department  
1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.coltea.ro/>  
Medical responsibilities  
Since 6.10.2011 –member of the Quality Board of Coltea Clinical Hospital

2007-2008

Consultant in Internal Medicine and Resident Doctor in Cardiology  
Coltea Clinical Hospital, Bucharest, Internal Medicine and Cardiology  
Department  
1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.coltea.ro/>  
Medical responsibilities

## EDUCATION AND TRAINING

2013

Doctor in Medicine PhD  
Doctoral Thesis: "ENDOTHELIAL ACTIVATION AND ITS CORRELATION TO  
THE LEFT VENTRICULAR DIASTOLIC DYSFUNCTION IN PATIENTS WITH  
ESSENTIAL HYPERTENSION OR/AND TYPE 2 DIABETES" – defended on  
14.May.2013 – "EXCELLENT" GRADE; Doctor's Degree Certificate according to  
the order of MEN (Ministry of National Education) no. 5581MD/3.12.2013  
37, Dionisie Lupu Street, Sector 1, 02002, Bucharest, Romania  
<http://www.umfcaroldavila.ro>

2006 - 2013

PhD Candidate UMF Carol Davila, Bucharest, Thesis Supervisor Prof. Univ. Dr.  
Ion Bruckner  
37, Dionisie Lupu Street, Sector 1, 02002, Bucharest, Romania  
<http://www.umfcaroldavila.ro>

2002-2007

Resident in Internal Medicine, Coltea Clinical Hospital, Bucharest, Internal  
Medicine and Cardiology Department, admission contest November 2001  
1-3, I. C. Bratianu Street, Sector 3, 030171, Bucharest, Romania  
<http://www.coltea.ro/>

2001 – 2002

Intern, Internal Medicine and Cardiology Department - Coltea Clinical Hospital  
(01.01.2001 – 30.06.2001), Surgery Clinic II – University Emergency Hospital of  
Bucharest (01.07.2001 – 31.12.2001)  
<http://www.coltea.ro/>, <http://www.suub.ro/>

- 2000 Bachelor of Medicine Faculty of General Medicine at the University of Medicine and Pharmacy „Carol Davila” Bucharest  
8, Eroilor Sanitari Street, scetor 5, 050074 , Bucharest, Romania  
<http://www.umfcaroldavila.ro>
- 1994-2000 Undergraduate at the Faculty of General Medicine of the University of Medicine and Pharmacy „Carol Davila” Bucharest  
8, Eroilor Sanitari Street, scetor 5, 050074 , Bucharest, Romania  
<http://www.umfcaroldavila.ro>
- 1994 High school diploma („Bacalaureat”) with an A(=10) average
- 1990-1994 Student at “Mihai Viteazul” National College, Bucharest –Science subjects, Maths-Physics section  
62, Pache Protopopescu Street, Sector 2, 021414, Bucharest, Romania  
<http://cnmv.ro/>

PERSONAL SKILLS/COMPETENCES

Mother tongue ROMANIAN

Other Languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
ENGLISH	C2	C2	C2	C2	C2
FRENCH	C1	C1	C1	C1	C1

Levels: A1/2: Basic user - B1/2: Independent user- C1/2: Proficient user  
Common European Framework of Reference for Languages

## Communication skills

**Excellent communication skills acquired through personal experience as both a doctor and a professor**

- *Speaker training D. Tomlinson*, Bucharest, Romania, March 2023
- *“High Impact Presentations”*, Dale Carnegie Training, Greaca, Romania, 26-27 September 2016.
- *“Assertive Communication”*, TMI, Sinaia, Romania, 17-18 June 2016.
- Training/specialisation programme to become a Trainer, by S.C. Info Educația S.R.L., authorised by the Ministry of Labour, Social Protection and Family, the National Council of Professional Training of Adults and the Ministry of Education, Research, Youth and Sports, Bucharest, Romania, May 2012;
- Personal development programme *“Nucleus Academy I: The Trainer”*, Istanbul, Turkey, 16-18 October 2010;
- *“Advanced Presentation Skills Program”*, Personal Consulting, Păltiniș, România, 20-22 May 2010.

## Leadership

- Personal development programme "*Nucleus Academy II: The Leader*", Istanbul, Turkey, 28-29 May 2011

**Member of the board in national and international professional and scientific organisational structures:** I was the founder and manager of the group 'Young Internists' within the Romanian Society of Internal Medicine between 2009-2012 and I was a member of the "Young Internist Assembly" within the European Federation of Internal Medicine (EFIM) as the representative of the young internists in Romania. I was an active participant in the European young internists' and the management board of EFIM's meetings, I kept in touch with the members of these organisational structures and I supported my younger colleagues through my personal experience I had acquired before. I coordinated the Young Hypertensinologists' Nucleus within the Hypertension working group of the Romanian Society of Cardiology. I have been the secretary of the Hypertension working group of the Romanian Society of Cardiology from September 2017 until September 2020 and the president of this working group from September 2020 until September 2023.

**Member of the Quality Board of Coltea Clinical Hospital** (since 6 Oct. 2011)

**Member of the management team of the POSDRU/159/1.5/S/141531 project**  
– tutor for 5 PhD candidates, UMF "Carol Davila" Bucharest

**Member of the organising committee of international scientific events:**  
EFIM Young Internist Assembly Meeting in Asker, Norway, 5 March 2010  
EFIM Young Internist Assembly Meeting in Bucharest, Romania, 18 March 2011

**Member of the organising committee of national educational and scientific events:**

Residency exam 2014 –member of the test drawing up team

Secretary of the examination team for family medicine specialisation

Organizational activities for the national congresses of Internal Medicine (CNMI) 2007, 2008

Course director for the continuous medical education programme "Hypertension –Risk factors and associated conditions. Recent guidelines and treatment algorithms", Târgoviște, Romania, 9 June 2011 and for various courses organized by the Working Group on Arterial Hypertension since 2017.

Member of the Scientific Committee for courses organized within the POSDRU POSDRU/159/1.5/S/141531/2014 project, 17-19 Oct. 2014, Poiana Brașov, Romania, as a representative of the National P1 "UMF Carol Davila" Bucharest  
Course director in a series of courses in Arterial Hypertension for medical doctors (2017-2020).

Member of the Scientific Committee of the National Congress of Cardiology 2018-2025, Working Groups Conference of the Romanian Society of Cardiology 2018-2019, Spring Conference of The Romanian Society of Cardiology 2020-2026, 6th National Conference of Haemostasis and Thrombosis, 2019, 7th National Conference of Haemostasis and Thrombosis, 2021, 8th National Conference of Haemostasis and Thrombosis, 2023, 9th National Conference of Haemostasis and Thrombosis, 2025, National Congress of Internal Medicine 2020-2026, Winter and Summer School of Internal Medicine 2024-2025.

**Honorary Member of "Quo Vadis Medicina" society.**

**International Faculty Member ESH Conference 2022 (Atena), 2023 (Milano), 2024 (Berlin), 2025 (Milano), 2026 (Gdansk) – invited speaker and chairperson**

**Invited member in expert meetings:**

Tafamidis Expert Meeting Romania, 17 July 2018, Bucharest, Romania  
 Cardiometabolic Advisory Board, 14 November 2019, Baku, Azerbaijan  
 Tafamidis Advisory Board Romania, 21 November 2019, Bucharest, Romania  
 Pfizer ATTR-CM Romania Advisory Board , 18 November 2020, online  
 Expert meeting “Interdisciplinary approach to the patient with diabetes mellitus and heart failure”, 11 June 2021, online  
 Expert meeting Physiotens march 2022 Poiana Brasov, Romania; june 2022 Bucharest, Romania  
 Global virtual advisory board meeting for Moxonidine, 3 septembrie 2022, online  
 Hypertension and Cardiovascular Prevention In the Mediterranean Area (BCH Menarini), April 12-13, 2025, Fiesole, Italy  
 ATTR-CM Expert Meeting – EE Cluster, 18<sup>th</sup> of May 2025, Belgrade, Serbia  
 Quadracademy Masterclass, Athens, Greece, April 23, 2026  
 An Update on Cardiometabolic Syndrome and its Consequences, Athens, Greece, April 23-26, 2026

Competences acquired in the workplace

**Good knowledge of the quality control procedures ( I am currently a member of the Quality Nucleus of the Clinical Coltea Hospital)**

- Training/specialisation programme for Quality Policy Auditor by the Amfiteatru Foundation, authorised by the Ministry of Labour, Family and Social Protection, the National Council of Professional Training of Adults and the Ministry of Education, Research, Youth and Sports, Bucharest, December 2011;
- The Continuous medical education programme “*Quality Policy Audit in Health Care*”, *the Ministry of Health*, the National School of Public Health Care, Management and Development/Training in health care, Bucharest, December 2011;
- Workshop “*Health and Security at Work*”, organised by the Amfiteatru Foundation, Bucharest, December 2011;

Computer skills

**Competent with Microsoft Office™ programmes and medical statistics tools (EpiInfo, SPSS)**

- Initiation/training/specialisation in ‘Computer Use, Data Processing,’ by S.C. Info Educația S.R.L., authorised by the Ministry of Labour, Family and Social Protection, the National Council of Professional Training of Adults and the Ministry of Education, Research, Youth and Sports , Bucharest, December 2011;
- Biostatistics Course for PhD Candidates – Medical Computer Science and Biostatistics, UMF „Carol Davila” Bucharest, March 2006
- Medical Computer Science Module within university education, UMF „Carol Davila” Bucharest, 1994-1995
- Computer Science classes at the „Mihai Viteazul” National College, Bucharest – Science subjects, Maths-Physics section, 1990-1994

## Other skills

**CARDIOPULMONARY AND CEREBRAL RESUSCITATION IN ADULT – ADVANCED LIFE SUPPORT – NATIONAL RESUSCITATION COUNCIL - Certificate 319 / 2023**

**ECHOCARDIOGRAPHY** – competence acquired through the residency programme in cardiology and courses organised by the appropriate authorities:

- *“Basic knowledge in advanced ECHO techniques”*, EACVI (European Association of Cardiovascular Imaging), Sinaia, Romania, 25 September 2016.
- *“Clinical applications of echocardiography: old and new”*, European Association of Echocardiography Educational Course, Bucharest, Romania, 15-17 April 2010;
- *“Doppler Echocardiography: from Basics to Advanced Applications”*, European Association of Echocardiography Educational Course, Bucharest, România, 29 – 31 March 2007;
- *“Echocardiography module I”*, “C.C.Iliescu” Institute of Cardiology, UMF “Carol Davila” Bucharest, November-December 2004;
- Courses within the European Congresses of Echocardiography I attended (2005, 2007, 2010, 2011, 2014, 2016, 2017, 2018, 2020)

**VASCULAR ULTRASOUND** – competence acquired in November 2016.

**MEDICAL RESEARCH COMPETENCES**

- *“EFIM seminar in clinical research”*, by the European Federation of Internal Medicine, 10 – 12 May 2007, Paris, France;
- *The Legislation regarding scientific research in Romania*– module within Doctoral Degree studies, UMF „Carol Davila” Bucharest, the Faculty of Pharmacy, Pharmacy Management and Marketing discipline, 2006
- *The Bioethics of Laboratory Animal Research* – module within Doctoral Degree studies, UMF „Carol Davila” Bucharest, the Faculty of Pharmacy, Pharmacology and Clinical Pharmacy discipline, 2006
- *Research activity* at UMF Carol Davila Bucharest – PhD, research grants, clinical trials and registries.

## Driving licence

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PROFESSIONAL ACTIVITY

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TEACHING AND SCIENTIFIC ACTIVITY

**Coaching activities** –practical classes in medical semiology with 3rd grade students, in Romanian (2003- present) and English (2003- 2008)

**Lectures** on:

- Medical semiology- 3rd grade students
- Medical emergencies -6th grade students
- Clinical echocardiography – 4th grade students

**Guiding students' scientific activity**

Coordination/Supervision of Bachelor's Degree in Medicine paperworks  
Abstracts evaluation in students' congresses (national and international)  
Scientific coordinator of students' paperwork

**Lectures given as postgraduate courses** within continuous medical education programmes by UMF Carol Davila Bucharest– the Internal Medicine and Cardiology Department of Coltea Clinical Hospital:

- Echocardiography (for specialist doctors and residents)
- Practical electrocardiography course (for family doctors/ general practitioners)

**Speaker** in international and national scientific events (2007-present)

**Authorship** for therapeutical protocols and consensus documents

## MEDICAL ACTIVITY

- Clinical activities within the Internal Medicine and Cardiology Department of Coltea Clinical Hospital, Bucharest (2007-present)
- Daily activity in the echocardiography lab (2007-present)
- Other investigations in cardiology: ECG stress tests, 24-h ambulatory blood pressure monitoring, ECG Holter monitoring (2007-present)
- Interdisciplinary examinations (internal medicine and cardiology), echocardiographic examination of patients hospitalized in other wards of Coltea Clinical Hospital (2007-present), vascular ultrasound examinations (since 2016)
- Cardio-oncology evaluation
- Activity within the outpatient facility of Coltea Clinical Hospital, Bucharest – cardiology examinations, ECG stress tests, 24-h ambulatory blood pressure monitoring, ECG Holter monitoring (2010 —present)

INTERNATIONAL  
EXPERIENCE EXCHANGE

- The 2019 EMEA Cardiometabolic workshop, 16 Nov 2019, Baku, Azerbaijan
- International Workshop „Dyslipidaemias: Present and Future Approaches to Pharmacological Intervention”, 9-10 November 2019, Sorrento, Italy
- AriA VIII Symposium „Advances and Research in ATTR Amyloidosis”, 22-23 February 2019, Amsterdam, The Netherlands
- RCV Anticoagulation Speakers Academy „From Clinical Trials to Clinical Practice”, 18-19 January 2018, Vienna, Austria
- 4th European Fabry Summer School, 29 June – 1 July 2017, Universite de Versailles Saint Quentin en Yvelines, France
- Personal development programme *“Nucleus Academy II: The Leader”*, Istanbul, Turkey, 28-29 May 2011
- Personal development programme *“Nucleus Academy I: The Trainer”*, Istanbul, Turkey, 16-18 Oct. 2010;
- *“European School of Internal Medicine”*, by the European Federation of Internal Medicine, 9 – 16 September 2007, Estoril, Portugal;
- *“EFIM seminar in clinical research”*, by the European Federation of Internal Medicine, 10 – 12 May 2007, Paris, France;
- *Tempus scholarship* - University of Bristol, School of Medicine și Bristol Royal Infirmary – Bristol, UK, August - November 1998;

## RESEARCH ACTIVITY

- member of the research team in 5 grants
- Doctor’s degree research programme completed in 2013
- national and international multicentric clinical trials and registries, of which 4 as **principal investigator, 2 as national coordinator**:
  - EORP (EURObservational Research Programme) - Chronic Ischemic Cardiovascular Disease Registry
  - TTRACK (Prevalence and characteristics of transthyretin amyloidosis in patients with left ventricular hypertrophy of unknown origin)
  - SINGLE-PILL COMBINATION ANTIHYPERTENSIVE THERAPY IN HYPERTENSIVE, OBESE PATIENTS: A PROSPECTIVE, EPIDEMIOLOGICAL STUDY IN ROMANIA (national coordinator)
  - CL3-05179-002/Quadrixam Study (national coordinator)
- clinical and echocardiography research projects

## SCIENTIFIC PAPERS

ANE

## ANNEX 1

PRIZES, DISTINCTIONS,  
AFFILIATIONS

## DISTINCTIONS

Mentorship of the winner team in the Young Cardiologist Competition 2025 (phase 1- Spring Conference of The Romanian Society of Cardiology, May 2025, Sibiu; final – Romanian National Congress of Cardiology, September 2025, Sinaia)

3<sup>rd</sup> Prize for "Atrial fibrillation and its effects on the quality of life — AFEQT questionnaire" — by **Vintila A.M.**, Stanciu A., Horumba M., Gurghean A.L., Vntila V.D., oral presentation at the 58th National Congress of Cardiology, Section "Best works in Atrial Fibrillation", 18-21 September 2019, Sinaia, Romania.

1st Prize for "The Variability of Blood Pressure and Subclinical Cardiac and Vascular Influences in the Metabolic Syndrome" – by Cristian G., Dumitrescu S., **Vintilă A.**, Preda A., Petrescu M., oral presentation at the iDiabetes Congress: "Diabetes and Its Complications Nowadays", Bucharest, 11-12 April 2014.

1st Prize for "Aspects of Structural and Functional Remodelling of the Left Ventricle in Metabolic Syndrome" – by Cristian G., Dumitrescu S., **Vintilă A.**, Preda A., Petrescu M., oral presentation at the iDiabetes Congress : "Diabetes and Its Complications Nowadays", Bucharest, 11-12 April 2014.

Honorable mention for "Diastolic Dysfunction of the Left Ventricle in Hypertensive and Diabetic Patients" – by **Vintilă A.**, Opreșescu I., Avram S., Muraru M., Bruckner I., oral presentation at the "National Congress of Internal Medicine –8th edition", Young Internists' Session, Calimănești – Căciulata, Romania, 10 – 12 April 2008.

3<sup>rd</sup> Prize at the Students' National Congress, Cluj, 2004 for the paper "Myocardial Ischemia Governed by the Law of the 3 D –Diabetes, Cardiac Vegetative Dysfunction, Pain" (Pain = Durere in Romanian), by undergraduate student Murariu A., scientific coordinator: **Vintilă A.**, Bucharest.

## AFFILIATIONS

Romanian Society of Cardiology (SRC)

Working Group on Arterial Hypertension of SRC – president 2020-2023, secretary 2017-2020

Romanian Society of Hemostasis and Thrombosis – vice-president Cardiology section since 2025

European Society of Cardiology (ESC)

Heart Failure Association of ESC

Council on Hypertension of ESC

Romanian Internal Medicine Society (SRMI)

The Young Internists' Group of SRMI – president 2009 - 2012

European Federation of Internal Medicine (EFIM)

Young Internist Assembly of EFIM: Young Internist Representative for Romania – 2009-2012

18.06.2026

Lecturer Ana-Maria Vintilă

