

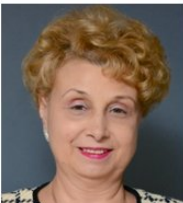
CONEXIUNI

**SOCIETATEA ROMÂNĂ DE CARDIOLOGIE
GRUPUL DE LUCRU "CARDIOLOGIE DE URGENTĂ"**

AU ÎNCEPUT DEJA: ALEGERILE PENTRU CONDUCEREA SRC !

Presedinte	Vicepresedinte (2 pozitii)			Secretar	Trezorier
					
Dragos Vinereanu Curriculum Vitae Proiect de intentie	Dan Dobreanu Curriculum Vitae Proiect de intentie	Dan-Ion Gaita Curriculum Vitae Proiect de intentie	Bogdan Alexandru Popescu Curriculum Vitae Proiect de intentie	Antoniu Octavian Petris Curriculum Vitae Proiect de intentie	Daniel Florin Lighezan Curriculum Vitae Proiect de intentie

GL Cardiologie de Urgentă

Membrii in bord (7 pozitii)		Membrii in bord (7 pozitii)			
					
Diana Țint Președinte GL	Valentin Chioncel Secretar GL	Catalina Arsenescu Georgescu Curriculum Vitae Proiect de intentie	Ovidiu Chioncel Curriculum Vitae Proiect de intentie	Mircea Cinteza Curriculum Vitae Proiect de intentie	Adrian Tase Curriculum Vitae Proiect de intentie

Membrii in bord (7 pozitii)			Membrii in bord (7 pozitii)		
					
Radu Ciudin Curriculum Vitae Proiect de intentie	Gheorghe-Andrei Dan Curriculum Vitae Proiect de intentie	Dan Eugen Deleanu Curriculum Vitae Proiect de intentie	Daniel Gherasim Curriculum Vitae Proiect de intentie	Carmen Ginghina Curriculum Vitae Proiect de intentie	Adriana Iliesiu Curriculum Vitae Proiect de intentie

Conexiuni - Colectiv de redacție

publicație a Grupului de Lucru "Cardiologie de Urgență"

Antoniou Petriș, Călin Pop, Gabriel Tatu-Chițoiu, Lucian Petrescu

Distribuție on-line; http://www.cardiportal.ro/cardioologie_de_urgenta_rapoarte_si_documente

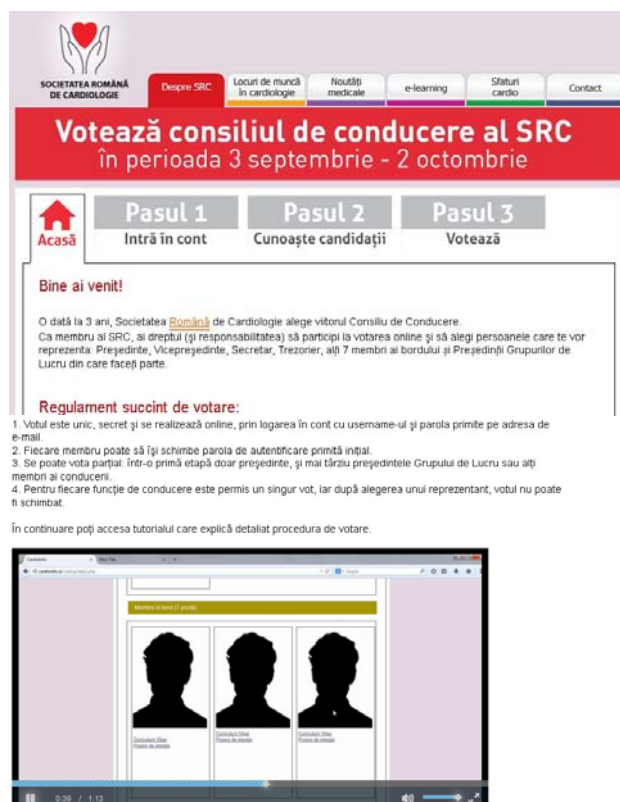
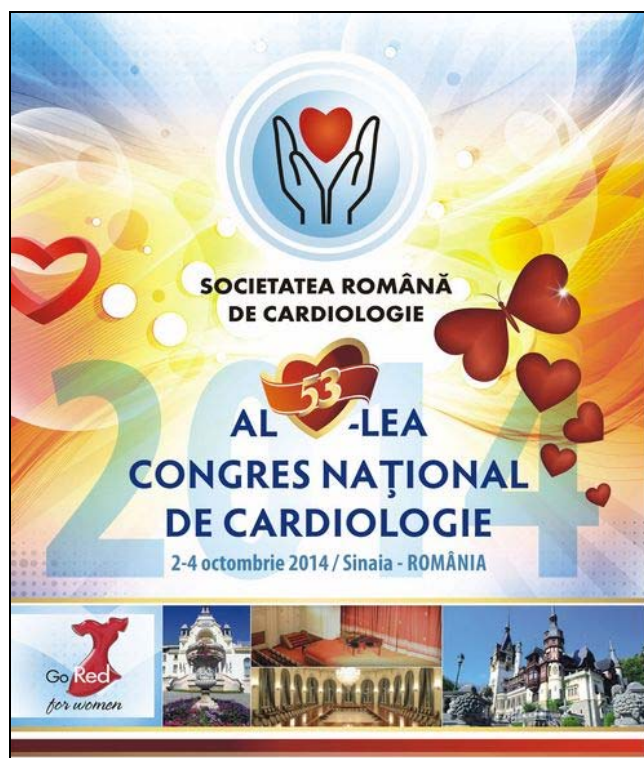


ATENȚIE !

- Președinții Grupurilor de Lucru se aleg de către membrii respectivelor Grupuri. Președinții Grupuri de Lucru nu pot avea mandate consecutive.
- În Consiliul de Conducere **vor intra doar președinții ale căror grupuri de lucru au cel puțin 30 membri înscriși, iar la votarea lor au participat cel puțin 50% din membrii activi ai Grupului de Lucru.**
- Editorul șef al RRC este propus și ales prin vot secret de către ceilalți membri ai Consiliului de Conducere pe o durată de 5 ani (maximum 2 mandate).

Perioada de votare are loc în intervalul 2 septembrie – 2 octombrie 2014, iar pe 3 octombrie sunt anunțați câștigătorii, în cadrul Adunării Generale.

Procesul de votare se va desfășura pe site-ul: www.cardioinfo.ro/voting



In memoriam ...



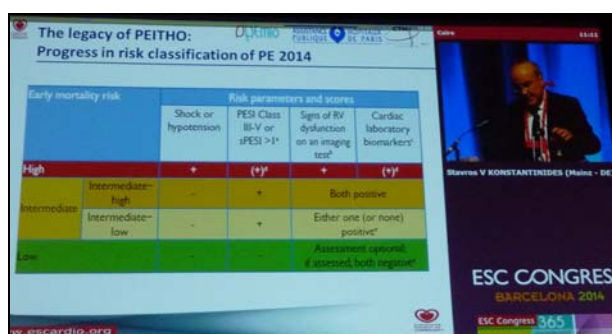
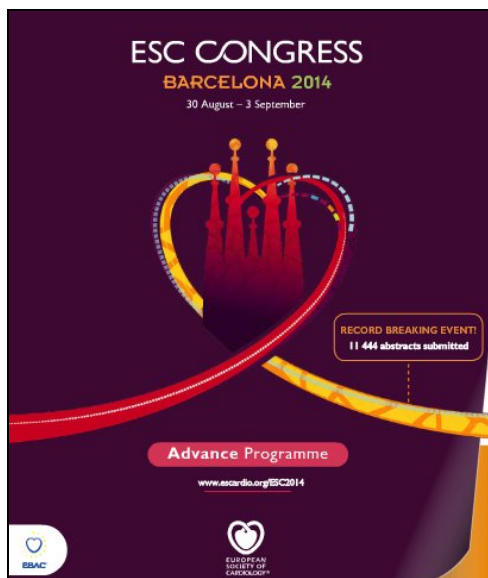
In memory of Magda Heras,

We were informed of the untimely death of one of our prominent and loved members, Magdalena Heras Fortuny, who passed away on August 4th, 2014. She was one of the founding members of the Working Group on Acute Cardiac Care and an active member of the first Nucleus where she worked actively for several years, taking the leadership of the development of the ACC certification program among other important responsibilities.

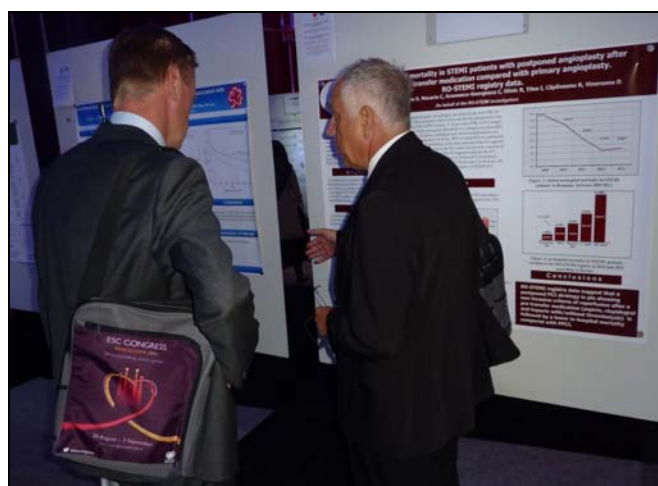
Read the homage from Hector Bueno ACCA Acting President & Susanna Price, ACCA education & training committee Chairperson.



Magda Heras la Conferința Națională a Grupurilor de Lucru, Poiana Brașov 2010



Studiul PEITHO – rezultate la 6 luni (Prof. S. Konstantinides)



SUNDAY 31 AUGUST 2014 – MORNING POSTERS

Discussant: STEMI

– J. Pernow (Stockholm, SE)

Lower in-hospital mortality in STEMI patients with postponed angioplasty after successful pre-transfer medication compared with primary angioplasty. RO-STEMI registry data.

P1656

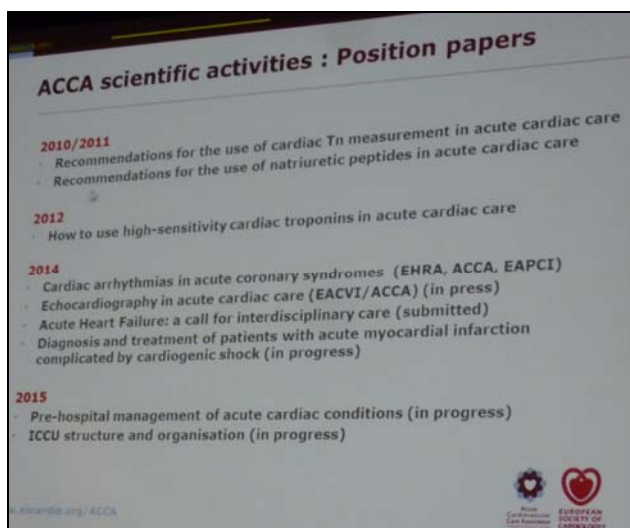
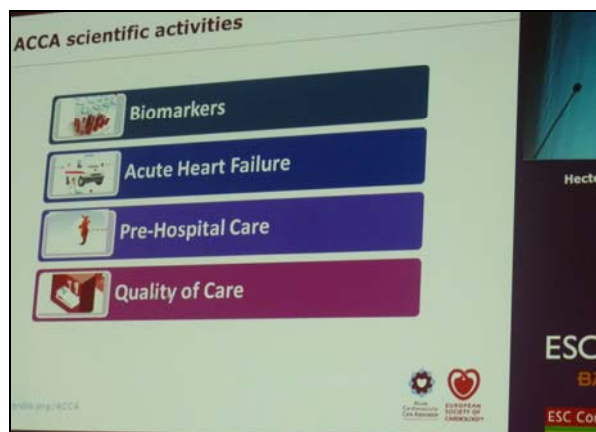
G.P. Tatu-Chitoiu, D. Deleanu, A. Petris, C. Macarie, L. Petrescu, C. Arsenescu Georgescu, R. Olinic, I. Tilea, R. Capalneau, D. Vinereanu (Bucharest, Iasi, Timisoara, Cluj Napoca and Targu Mures, RO)

Sunday 31 August

14:00 - 15:30 Tbilisi (Village 7)

Acute Cardiovascular Care Association (ACCA)

A year in acute cardiac care - news from the pre-hospital and intensive care settings



SUNDAY 31 AUGUST 2014 – AFTERNOON SESSIONS SUNDAY – AFTERNOON

15:30–16:30 Central Village

NEW INSIGHTS IN ACUTE PULMONARY EMBOLISM Moderated Posters

Chairperson(s): G. Agnelli (Perugia, IT); A. Petris (Iasi, RO)



MONDAY 1 SEPTEMBER 2014 – MORNING SESSIONS

11:00–12:30 Helsinki (The Hub) - Central Village

IMPROVING OUTCOMES IN STEMI Rapid Fire Abstract

Chairperson(s): S. Halvorsen (Oslo, NO); A.W.J. van 't Hof (Zwolle, NL)

A national PCI network and a pharmacoinvasive strategy, keys of success of the Romanian STEMI program. P3034

– G.P. Tatu-Chitoiu, D. Deleanu, A. Petris, C. Macarie, C. Arsenescu Georgescu, L. Petrescu, R. Capalneau, I. Benedek, F. Ortan, D. Vinereanu (Bucharest, Iasi, Timisoara, Cluj Napoca, Targu Mures and Brasov, RO)



MONDAY 1 SEPTEMBER 2014 – AFTERNOON SESSIONS

15:30–16:30 Moderated poster corner - Central Village

PHYSICAL ACTIVITY: A POTENT BUT UNDESIRED THERAPEUTIC OPTION Moderated Posters

Chairperson(s): T. de Carvalho (Florianopolis, BR)

Athletic CardioClub, the Romanian original way in promoting primary cardiovascular diseases prevention - P3987

G.P. Tatu-Chitoiu, C. Marinescu, D. Deleanu, F. Mitu, D. Gaita, R. Tecuceanu, L. Spataru, A. Platon, A. Petris, I.M. Coman (Bucharest, Iasi and Timisoara, RO)



NU UITATI !





"Let's run for your heart!"
Athletic CardioClub – the Romanian original way in promoting primary cardiovascular diseases prevention
Tatu-Chițoiu G, Marinescu C, Deleanu D, Mitu F, Gaita D, Tecuceanu R, Spătaru D, Platon A, Petriș A, Coman IM.

On behalf of the Athletic CardioClub members



SOCIETATEA ROMÂNĂ DE CARDIOLOGIE

Background

A healthy life style, based on physical exercise is one of the most efficacious ways for prevention of the cardiovascular disease.

The Romanian Athletic CardioClub (RO-ACC) is an association founded by the in April 2012 by the Romanian Society of Cardiology, Romanian Heart Foundation and 17 cardiologists. RO-ACC's main objective is to promote physical activity among large groups of people and use physicians' personal-example as parting point in this journey for health. There are two conditions required to be a RO-ACC member: 1. Practice moderate physical activity for at least 30 min/day, 5 days/week. 2. Do not smoke.

The RO-ACC's slogan is: "Let's run for your heart!"

Objective

To present the key-results achieved after the first 2 years of RO-ACC activity, i.e. 01.04.2012 - 31.03.2014

Methods

RO-ACC aims to achieve its objective by the following four types of action:

1. Promoting the benefits of physical exercise on its WWW.ROACC.RO website.
2. A cardiovascular health-running program allowing RO-ACC members to be tested by the RO-ACC medical experts.
3. Implementing and updating the "Objective 600 km" on-line database, which allows RO-ACC members to keep track of the kilometers covered every day by walking, running, swimming, cycling or skiing, and reach the objective of at least 600 km covered during one year. "Objective 600 km" became functional on January 1st 2013 and the 600 km threshold was set as a result of specialists recommending at least 30 minutes of moderate-intensity physical activity a day, 5 days a week (i.e. 3 km of walking/day, 60 km/month and 720 km/year, respectively). The 600 km threshold was set as a reasonable motivation for the first two years. Each member exceeding the set objective is to be awarded a RO-ACC diploma, while both diplomas and prizes are available to the top three in each activity category.
4. Encouraging the participation of RO-ACC ACC's registered slogan members to formal sports competitions (middle/long distance running, triathlons, swimming) as part of mixed teams bringing together physicians and non-physicians.



Figure 1. "Let's run for your heart!"

Results

A 12.2 times increase (from 32 to 391) of the RO-ACC members was recorded within the first two years (figure 2). Two years after founding RO-ACC had members in almost all counties of Romania (figure 3). Non-physician members increased from 3.12% to 36% (figure 4) "Objective 600 km" triggered a virtual competition among 126 (37.5%) of the RO-ACC members in 2013. The number of participants to formal competitions in Romania increased from 8 in 2012 to 46 in May 2014 (11.76%). From 4 participants and 4 medals (1 gold) won at the 2013 edition of the World Health and Medical Games (Zagreb) we increased to 21 participants and 26 medals (4 gold) in 2014 at Weis, Austria (figure 5).



Figure 2. Increase of the Athletic CardioClub members during the first two years after foundation



Figure 3. Distribution of the Athletic CardioClub members in the counties of Romania

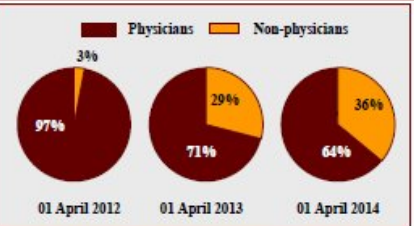


Figure 4. Increase of the non-physician Athletic CardioClub members

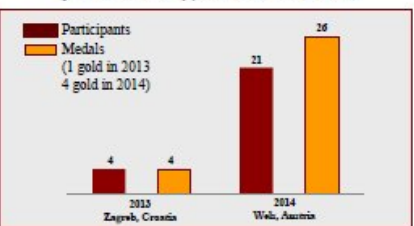


Figure 5. Participants of the Romanian Athletic CardioClub and medals won at the 34th (Zagreb, Croatia) and 35th (Weis, Austria) editions of the World Health and Medical Games (Mediagames)

Conclusions

A system organized as a sport association based on:

1. education on benefits of physical exercise;
2. physicians providing personal-example;
3. a virtual competition motivated by prizes,

could be a good solution for promoting physical activity in large groups of people as a way of cardiovascular disease prevention.






SOCIETATEA ROMÂNĂ DE CARDIOLOGIE

GHID PRACTIC DE URGENȚE CARDIOVASCULARE

Realizat sub egida Grupului de Lucru de Cardiologie de Urgență al Societății Române de Cardiologie

Editor șef: Călin Pop

Editori: Antoniu Petriș
Diana Țiț
Lucian Petrescu
Gabriel Tatu-Chițoiu





SOCIETATEA ROMÂNĂ DE CARDIOLOGIE

CROSUL cardiologilor

editia a 6-a
Sinaia, 03 octombrie 2014, 7:30



Inscrie-te pe [www.roacc.ro/](http://www.roacc.ro)
 Termen limita: 15 sept 2014

TRASEU: HOTEL INTERNATIONAL - CASINO SI RETUR
 CURSA POPULARA: 1 tura (3000 m) / CURSA COMPETITIVA: 2 ture (6000 m)

Sinaia 2014 !